

OCTOBER 2023 | VOLUME IV | EDITION II

KABIR'S ARCADE OF INSIGHTFUL ZESTY ENGAGING NEWS

Project Sanchar



Received a funding of ₹ 2 Lakhs from YLAC to implement the project



A Student led Initiative







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Theme-Inclusivity



Rhythm-XID

There is NO greater disability in society than the ability to see a person as more.





Manan Kaur, VIII-C

Principal's Musings

Dear St Kabir family,

It's an absolute pleasure to witness KAIZEN, the quarterly newsletter's second edition come into being. For us, it is a living embodiment of our profound belief in the Japanese concept of KAIZEN which means continual improvement. The most striking feature of continual improvement is the room for pause and reflection while one progresses towards the established goal. It is purged of all kinds of negative stress and allows one to bask in the glory of success, attempt an exercise in 'kya kami reh gayi, dekho aur sudhar karo (Harivansh Rai Bachchan in Koshish Karne Walon Ki Kabhi Haar Nahi Hoti)' while you take a pause and then muster all strength to identify the grey areas. Facing the facts as they are with a clear head empowers one to move forward with confidence and conviction, in turn, offering a huge promise for further success. This is exactly how KAIZEN is getting better by the day.

KAIZEN is also our humble attempt in creating a school that is student led. From concept to the words, from pictures to design, our students collaborate and cocreate with each other's support. Teachers play the mentor. I am extremely delighted to share that our Student Cabinet 2023-24 has contributed very effectively to make our class libraries fun and productive learning spaces. They have been reading aloud to junior school, selecting books, removing the ones not needed, meeting us to encourage everyone to read regularly. Another perfect example of KAIZEN in action!

The Cover Story and the journey of Ms. Madhu Nagpal, one of our founder teachers (Voyage of Impact) also exemplify the impact of KAIZEN. KAIZEN is in the air at our campus! Enjoy this edition and ponder over how you can benefit from KAIZEN in your personal space.

Happy reading!

God bless!

Shilpi Gill



From the Student Editor's Desk

"Diversity is a fact, but inclusion is a choice we make every day."

In this day and age, where we share this Earth with over 8 billion other people, diversity is a given. Each and every one of us is different in the way we look, communicate, and perceive. Yet, we are all united by our shared belonging to this world, transcending geographical borders. Our ultimate desire for peace defines this brotherhood.

Just yesterday, I was listening to John Lennon's song "Imagine." In the song, Lennon envisions a world without the concept of heaven or hell, without countries or religions, without possessions, greed, or hunger. He yearns for a place where everyone can coexist and be a part of a beautiful kinship. The lyrics, in their entirety, felt rather idyllic.

billions where diversity thrives, inclusivity is the rhythm we must all move to. While navigating the complexities of this new age, it has become a matter of utmost

importance that we create spaces for those who feel like they do not fit in. Not only to make everyone feel accepted but also to communicate that their presence is valued and indispensable.

The advantage we have today is the ease of using multiple platforms to disseminate and convey these thoughts. Educating the masses is crucial in promoting a collective commitment to fostering an environment that respects and appreciates differences while reducing disparities.

The enlightened Swami Vivekananda once said, "All the power is within you; you can do anything and everything." Therefore, it becomes our responsibility to harness this power and become advocates of a philosophy that respects all perspectives. In Especially in a world with a population of the tapestry of existence, each thread, regardless of its colour or texture, weaves a larger composite picture, adding to its vibrancy.

> **BRINDA THAMMAN** XII-A

A NEW BEGINNING



We welcome our new staff members:

Mentor-

Dr. Kajal Sethi

Educators-

Ms Sanya Bhutani Ms Saloni Barpujari Ms Malini Sharma

NEW INITIATIVES



Launch of the

YUVA TOURISM CLUB





The Yuva Tourism Club of St. Kabir Public School was inaugurated by our esteemed Principal, Mrs. Shilpi Sood Gill on 21st July, 2023. In celebration of the launch, students organized an exhibition called 'Incredible India' showcasing the mystical tapestry of the They Indian states. presented captivating display boards on the mustvisit places in various Indian states. Mr. Raj Kumar Varman, the Assistant Nodal Officer from the Ministry of Tourism, graced the event and inspired students to conduct research on diverse Indian destinations while promoting India as a prime tourist hub.

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Inter School Competitions













Inter School Competitions













Inter School Competitions













Inter School Competitions













Inter House Competitions













Inter House Competitions







Whispering Woods: A Breath of Fresh Air



The Ashoka Tree

As a passerby at St. Kabir Public School, one's attention is unconsciously drawn to the tall Ashoka Trees. The emerald green leaves and nutty brown bark of these Saraca Asoca trees whisper to the winds, provide shade to smaller plants during rain, and shimmer in the sunshine, adding to the school's flora. Considered sacred and legendary in Indian mythology, they stand as ancient witnesses to countless spring seasons. Ashoka is also known as the 'Sorrowless Tree,' deriving its name from Sanskrit.

Events of the Second Quarter

RHAPSODIES & REFLECTIONS

with Anil Srinivasan





Musician, educator, and entrepreneur Mr. Anil Srinivasan regaled students, teachers, and guests with his inimitable presentation on the intersections between music, education, and learning. In a highly interactive session, peppered with humorous references and enchanting interludes on the keyboard, he helped the audience appreciate the role of music in cognitive development. The event was made possible by Novel Bunch, a city-based literary circle and K-Cube, the startup incubator at St Kabir Public School.

STORYTELLING AS PEDAGOGY WORKSHOP FOR TEACHERS





Deeptha Vivekanand, Storytelling & Reading Lead at St Kabir Public School, conducted a workshop for teachers on using storytelling as a pedagogical tool in the classroom. The aim of the workshop was to enable teachers to map stories to learning outcomes and leverage their use as an important assessment tool. The workshop also highlighted the role of storytelling in developing thinking skills in students, by aligning it to the Harvard Project Zero Thinking Routines Toolbox.

EDUCATORS LEARN TOGETHER

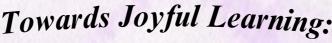
Peer learning is an innovative way to develop one's professional skills. At St Kabir Public School, EVS, Math, and Social Science educators engaged in resource-based presentations, which encouraged mutual growth and positive interdependence. This innovative approach sparked knowledge exchange, exposed teachers to the benefits of constructive feedback and enhanced their pedagogical skills.

EMPOWERING EDUCATORS FOR TOMORROW





In today's rapidly evolving work environment, skill enhancement is essential for educators. St Kabir Public School in association with Burlington English, a wellknown provider of English Language solutions, provided a learning experience in the form of interactive online sessions, challenging learning modules and workshops for educators. A workshop on Technology Enhanced English Language Learning was conducted by Mr. Kalpesh Amin 5th August 2023 which encouraged active participation, collaboration and exchange of best practices with fellow educators.



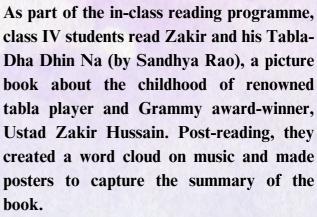
A MUSICAL JOURNEY

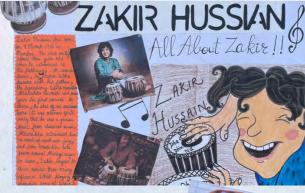
Class IV



As an extension, the music teacher elaborated on bols or rhythmic syllables used in tabla playing and let them engage with a real tabla. They also briefly learned about the various percussion instruments in the music room.

This is a small, yet shining example of how we make interdisciplinary and art-integrated learning a reality at school











TRENDSETTERS DIY KINDERGARTEN WONDERLAND

Engaging in art and craft activities enhances muscle development and fine motor skills in early childhood. These hands-on experiences allow young children to explore their interests and be creative. This DIY activity for kindergarten students provided a platform for them to express their imagination and nurture their skills, fostering holistic development.











FOSTERING CREATIVITY AND UNITY: EK BHARAT SHRESTHA BHARAT SHOWCASE

CLASSES - NURSERY - VII

A classroom is more than just a space for acquiring knowledge; it's a fertile ground for nurturing students' creativity and selfexpression. Displaying their creative work within the classroom provides a powerful platform for recognising their unique talents and fostering a sense of pride. It's a celebration of their imagination, talent, and hard work. At St. Kabir Public School, the display of projects, as a part of the Ek Bharat Shrestha Bharat theme pairing Chandigarh with Tripura and Mizoram, became a testament to the power of education in nurturing well-rounded individuals who can confidently express themselves and contribute meaningfully to the world around them.











Morning Assemblies - Class Nursery









Gandhi Jayanti- Nursery C

Krishna Janmashtmi Nursery C









Healthy Food Habits-Nursery A

Farm Animals-Nursery B

Morning Assemblies - Classes KG & I









Road Transport - KG (A)

Birds - KG (C)









My Family -K G (C)

Independence Day- I (A)

TRENDSETTERS TEACHER'S DAY DELIGHT

Students Shine, Teachers unite

To celebrate the unwavering commitment of teachers, the students of St. Kabir Public School orchestrated a vibrant assembly and a series of engaging activities for their dear educators on September 5, 2023. A tattoo corner added glitz and colour to the vibrant event. With genuine sincerity, students extended their warm wishes to their beloved mentors through meticulously crafted handmade cards and heartfelt expressions of gratitude. The vibrant school campus resonated with the essence of learning and mentorship, elevated by the reciprocal respect and admiration shared among students and teachers.

The afternoon unfolded with events carefully designed to foster a sense of unity and camaraderie among teachers as they came together to create a collective masterpiece, demonstrating their boundless creativity and collaboration. Following this, a spirited game show, inspired by pedagogical and management practices, offered both entertainment and valuable insights.

The school's management, recognizing the profound impact these guiding figures have on students' lives, conveyed their deep appreciation through heartfelt messages and sweets as tokens of gratitude.









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TRENDSETTERS CISV CHANDIGARH

at Seminar Camp in Sweden



Yohaan Parikh and Sarah Bothra, two sixteen-year old delegates, from the Chandigarh Chapter represented India at CISV International Seminar programme organized in Jonkoping, Sweden in the month of July.

They joined 23 other delegates from Brazil, Germany, Denmark, Spain, Indonesia, Latvia, Mexico, Mongolia, Norway, Sweden, USA and Vietnam for this challenging and intensive twenty-one day long programme. These young participants themselves planned and led the Camp with supervision and assistance from CISV International adult staff members.









CISV WORKSHOP

On 21st July, 2023 a workshop was conducted in the school auditorium to orient Grade VIII students about CISV. It was facilitated by Chandigarh Chapter Junior Branch, comprising youngsters who have attended CISV camps previously. They talked about how CISV has been instrumental in developing their personalities as well as their academic careers. To give a glimpse into the Camp experience, they also conducted a few sessions including energizers, icebreaking games and activities around the theme of Conflict Resolution.







ENERGY UNLIMITED- SPORTS ZONE SPORTS SPECTACLE



St. Kabir Public School ignited the spirit of sportsmanship with an energetic assembly by Class XII-D to celebrate National Sports Day, 2023. Tug of War engaged classes V to XII in friendly tussles. The day echoed with the 'Fit India' pledge and loud cheers as Nursery to Class IV indulged in delightful, fun games. A day of unity, sportiness, and boundless smiles!



The Luminary Scoreboard

| Houses | Sports | Co-Scholastic |
|----------|--------|---------------|
| Daffodil | 50 | 48 |
| Orchid | 44 | 55 |
| Tulip | 37 | 46 |
| Violet | 26 | 40 |



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THE ART OF TINKERING

The Atal Tinkering Lab of our school has seen about 30 enthusiastic students coming together to tinker in the Lab on working Saturdays. There is a structured course to unlock a treasure trove of creativity and innovation. Students made circuits with copper foil and on breadboards with LEDs, switches, solar panels, and motors.

Three students (Aarush Jain and Jaivin Gupta of V-B and Rehaan Aggarwal of V-A) worked in the lab to create an autonomous tugboat, providing a solution for congestion in the Malacca Straits. The students presented the model at the National Level in the World Robotics Olympiad at NOIDA.

In the coming months, students will get the opportunity to design and print 3D objects.









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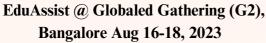
EDUASSIST-CURATING FUTURES

University Connect-Global-Nurturing Students' Pathway to Success!

As times evolve, so do our aspirations and career goals. What seemed like a dream job a couple of decades ago has transformed into a new and exciting opportunity today. Navigating this everchanging landscape can be daunting, especially with the multitude of options available. But fret not, because EduAssist is here to light your path! Our mission is to guide students through the maze of college applications and course selections, ensuring they're well-prepared to take on the world.

In this endeavour, EduAssist invited over 40 prestigious colleges and universities from around the globe to unveil their incredible offerings. University representatives shared insights into global job markets and in-depth knowledge about admissions and scholarships with students eyeing higher education at international universities.





Ms Neha Arora participated in a global education(G2)conference. The conference aimed at inclusive learning through engaging workshops, and provided opportunities for intimate networking among school career counsellors and university representatives from over 10 countries. This was an enriching experience for Ms Arora which is bound to benefit our high schoolers.







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EDUASSIST- CURATING FUTURES CONTD...

Snapshot of the Events held in August

Our school recently hosted sessions for grades IX to XII, covering diverse topics related to career choices. Mr. Saurabh Gupta from Wonderskool discussed stream selection after grade IX, the relevance of mathematics, and India's educational landscape. Ms. Hetal Thakur from Ahmedabad University explained the transformation in higher education, and the flexibility, curriculum, and scholarships offered for admissions to the new incumbents. Dr. Verma emphasised the importance of Fintech and financial literacy for students studying in grades XI and XII.



Upskill Yourself!!

Need access to universities around the globe? Join connectEd:

https://bridgingglobaled.com/

It is an excellent resource for students as they explore college and career opportunities.

Some benefits of joining connect ED are:

- Students can participate in global masterclasses, knowledge sessions, and virtual events. Recordings are accessible for on-demand viewing.
- University virtual hubs offer detailed information.
- The platform facilitates direct interaction with university representatives and global students.



EduAssist at NewZealand High Commission

The seminar showcased New Zealand as a rising hub for higher education. Eight top institutions shared information related to the courses offered by them in the areas of psychology, sustainable development, horticulture, climate change, agricultural science, and food tech. Discussions covered student safety, scholarships, and post-study prospects in New Zealand.

Meet EduAssist SMOs (Social Media Optimisers) Team (2023-24)



Bhoomi Lamba Grade XII Social Media Post Designer

Chirag Sharma Grade XII C Photographer





Seerat Oberoi Grade XII Content Writer

Anoushka Malhotra Grade XII C Content Writer



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AIKYAM- KINDNESS KREW

A Helping Hand to those who need it



CHINTU: (Children Help in Technological Upliftment)

CHINTU, an Aikyam initiative, mobilizes volunteers to revamp outdated laptops and distribute them to those in need but are unable to afford them.

Students from Grades X and XI – Ayaan Chattree, Aveev Arora, Aarav Sharma, Anhat Tohra, Kaustubh Parasha, and Avval Arora – have dedicated their time to this project. Ayaan, Aveev, and Aarav source old laptops, while Anhat, Kaustubh, and Avval handle cleaning and upgradation, utilizing the advanced resources of the ATL lab.

Two generous donations have bolstered this promising initiative.

In a collaborative venture between Peedu's People, an NGO dedicated to animal welfare, environment, and gender equality, and our school's social welfare initiative, Aikyam - Unite for Change, an enlightening 'Humane Education Workshop' was conducted for Grades IV to VII.

The workshop aimed to enlighten children about decoding dog body language to reduce the risk of bites. It in also sought to instill curiosity, empathy, and a sense of responsibility towards animals.







Students' Reflections

PUBLIC SPEAKING



Enrolling in the Public Speaking hobby was a game-changing experience for me. Learning from experts has significantly refined my public speaking skills and built my confidence. We engage in discussions and debates on the latest social issues.

In addition to improving my public speaking, I have also honed my presentation skills. The supportive environment allows me to participate without the fear of losing, which has boosted my confidence significantly.

-- Daiwik Singh X-B

I enjoy it because it is interactive, and I get to speak as much as I want. No judgments are made, which makes it even more comfortable. All in all, it's really fun and helpful.

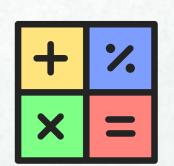
- Sharanya Jain X-B

VEDIC MATHEMATICS

Joining Vedic Mathematics has been an incredible value addition to my academic pursuits. It has helped me develop a deep understanding of various subjects and the skills to solve complex mathematical problems in a swift, systematic, and efficient manner. In particular, it has sparked a passion for a subject that I once dreaded. As a result, my problem-solving skills and approach to mathematics has significantly improved.

-- Kavya Aggarwal

X-C







THE NATIONAL CADET CORPS & NSS

NCC Annual Camp at Post Graduate Government College, Chandigarh

Eleven second year boy cadets from the school participated in the Annual NCC camp conducted at the Post Graduate Government College, Chandigarh. The camp was organised from 21st to 30th of June, 2023. Our cadets actively participated in the camp and secured first position in the Tug of War event. The camp energized and refined the athletic and disciplinary calibre of the young cadets, enjoying every moment of this experience.

Cadet Talks!

The NCC cadets participated in an event focussing on mental health issues and coping with failure at Carmel Convent School. The young cadets delivered speeches and engaged in interactions with cadets from other schools. Mental health, an increasingly prominent and crucial issue, needs to be addressed without attaching any stigma to it. The event 'Cadet Talks,' provided a platform for them to express their thoughts through carefully crafted speeches, enhancing their speaking skills and boosting their confidence.

Cadet Day Out!

The girl cadets of the Naval wing participated in an event at Sukhna Lake on the 1st of September. They enjoyed boating in the lake and learnt the importance of coordination and teamwork through this sporting and recreational activity

Cultivating Civic Responsibility: Students Pledge to NSS Motto



Students promised to abide by the NSS motto of developing a sense of social and civic responsibility.

ALUMNI SPOTLIGHT

HOMECOMING OF A SUCCESSFUL ALUMNA

Ghazal Alagh's Journey from St. Kabir to a Successful Entrepreneur



St Kabir Public School welcomed its illustrious alumna, Ms. Ghazal Alagh, CEO of MamaEarth, back to its hallways. With fond recollections, she shared her journey, inspiring students to chase dreams with resilience. During her nostalgic visit to her alma mater, Ms. Ghazal imparted invaluable insights about growing a business, igniting young minds to shine brightly in their pursuits. Ms. Alagh is on the board of mentors at K-Cube, the startup incubator at St Kabir Public School.







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COUNSELLOR'S CORNER

THE SOUND OF SILENCE

Fostering equality and inclusion is a challenge that the entire world is facing. Inclusivity implies seeing beyond yourself and creating an environment of fair thoughts and actions in everyday life. It is about identifying and removing barriers so that everyone can participate to the best of their ability. The Constitution of India ensures equality of status and opportunity to all its citizens and, institutions like CBSE also advise schools to respect all students, parents, and other people from the community. Thus. **CBSE** has made provisions for schools to accommodate children with special needs by providing provisions on disability-specific learning aids and concessions in examinations for all categories of disabilities stipulated in the Persons with Disabilities Act 2016.

St Kabir Public School in partnership with YLAC (Young Leaders for Active Citizenship) has been running Equality Clubs in Grade 8 to sensitize students about the different types of inequalities that exist in the society. The aim behind these clubs is to raise consciousness. help build empathy and appreciation of one's own privilege, and inspire students to take action. The clubs adopt an experiential learning approach to help students explore challenging societal problems, stereotypes and equip them with the skills necessary to take on leadership to re-write societal norms.

The modules of the first three quarters deal with gender inequality, economic inequality, diversity and inclusion. The fourth quarter is modelled as an 'Equality Project Incubator' to support initiatives run by students that further foster equality.

Project Sanchar, led by seven students from our school, won first place in a national Youth Social Action Incubator competition, receiving a grant of INR 2 lakh. The initiative aims to bridge the communication gap between the auditory impaired and the hearing population by promoting Indian Sign Language (ISL). In collaboration with various foundations, the team conducted 12 sessions over six weeks, training 60 participants from different schools in Chandigarh. The project emphasized the importance of embracing diversity fostering inclusivity.

Inclusion fosters acceptance and understanding of diverse needs, backgrounds, and cultures, breaking down barriers and combating stigma and discrimination at the community level. Let's embrace diversity to create a better world for all.

Dr. Sabina Duggal

Dr. Sabina Duggal is the guiding force behind the successful journey of Project Sanchar, steering it with wisdom and determination.

PROJECT SANCHAR THE MEDIUM TO INCLUSION







Project Sanchar aimed to bridge the age-old communication gap between the hearing impaired and the general population by teaching Indian Sign Language to students.









PROJECT SANCHAR

28th July to 2nd September 2023

"Project Sanchar," led by seven students from our school (Abiveer S. Panag, Aryaman Jain, Nigella, Aarush Dhawan, Vansh Khera, Grishma, and Aryaman Gupta), secured first place in a national-level Youth Social Action Incubator competition held by YLAC. They were awarded ₹2 lakh to implement their project, which aimed to bridge the communication gap between the hearing-impaired community and the general population. This initiative, was run in collaboration with the SHE Foundation, Vatika Special School, and the Aashray Foundation and included 12 sessions over six weeks. These sessions covered theoretical and practical aspects of Indian Sign Language (ISL) and attracted 60 participants from various Chandigarh schools. The key takeaway was the value of diversity, with participants learning from each other and embracing differences to create an inclusive environment.











Our Partners in Sanchar







PROJECT SANCHAR

Glimpses of the Closing Ceremony

At the closing session held on September 02, 2023, participants learnt from each other that diversity strengthens us, through various activities. Certificates and medals as tokens of appreciation were awarded to students and teachers involved in the programme.



PROJECT SANCHAR

The Participant's Speak

When encountering someone with auditory impairment, the typical response often leans towards sympathy, with phrases like "What a pity!" or "I can't understand you." However, through Project Sanchar, we've seized the opportunity to turn this sentiment into an act of compassion and innovation. We've been teaching Indian Sign Language to our community, striving to create an inclusive environment for the hearing impaired. This experience has underscored the importance of offering support, not sympathy, to minority communities. As members of the privileged majority, it's our responsibility to adapt our social traditions to embrace every community and ensure equality for all. Project Sanchar has not only taught us practical skills like financial management and social media handling, but, more importantly, how to lead a society that unites through embracing differences.

-Grishma Sharma IX C

"Deaf and dumb." We use these words loosely, but did you know that calling a hearing-impaired individual this phrase is actually one of the worst things you can say? I didn't. This is just one small example of what Sanchar has taught me. Project Sanchar was born from the desire to make a meaningful change in our society, and this guiding principle has infused with every aspect of our work. Working on this student-led initiative has been a deeply heartwarming and eye-opening journey, and interacting with so many diverse people has given me a novel perspective on society. While we had heard about the values of accessibility, empathy, and inclusivity in the classroom, we had forgotten that there is an entire social group which has been stripped of all three values - simply because no one can understand them.

My journey has not only opened my eyes to the challenges and barriers the hearing-impaired community faces but also their resilience and strength. Witnessing the enthusiasm of our ISL-learning changemakers and the smiles of both our dear instructors and the hearing-impaired students while interacting with them has been the most rewarding aspect and is a memory I shall cherish forever. As I witnessed our actions taking one step forward in making society, as a whole, accessible to an entire community, I've realized the immense power each and every single individual holds - the power to make change.

All of us can make a difference by doing something as small as taking up the conscious initiative of using the right terminology because, as I've learned, inclusivity often comes in the smallest of packages.

-Aryaman Jain IX B

It is a wonderful effort to bring meaningful change in society, Project Sanchar taught me the values of teamwork, inclusivity and most importantly- commitment. If one is to achieve anything in life, commitment is imperative; And the fact that the commitment of seven students of St. Kabir has managed to bring such a massive change in society is heartwarming.

- Nigella Mann IX B

VOYAGE OF IMPACT

Mrs. Madhu Nagpal is the Vice President of Sahayta Charitable Welfare Society in Chandigarh. She is a true changemaker whose dedication has touched the lives of cancer patients, survivors, and their families.

She is also one of the founder teachers of St Kabir Public School.



Q. Why did you choose to join Sahayta- the Society for Cancer patients?

Ans: My journey with Sahayta began when I attended an awareness event organized by the society upon the invitation of a friend. The impact of Sahayta's work left me deeply impressed, and I felt a calling to contribute. When I discussed my desire to join them with the President of the society she asked for commitment as it is an essential ingredient for success in this noble endeavour. Being a teacher and wife of an army officer, sincerity and commitment are the two virtues that I have in plenty; and this started my journey to contribute something to our society.

Q. How do you support cancer patients and how is it bringing a change in our society?

Ans. For over 25 years, we have been at the forefront of supporting people through awareness, financial assistance, and, most importantly emotional support. Our mission is to make people aware of the early detection of cancer, which can lead to a complete cure for this fatal disease. We firmly believe that it's not only the patients who need support but also their families and loved ones, who require emotional strength to navigate this challenging journey.

Our organization not only supports cancer patients during their treatment and aftercare but also champions an equally significant initiative, the 'Vidya Jyoti' programme. Through this programme, we extend our hands towards a brighter future for the children of these patients, enabling them to receive education and become self-reliant.

At Sahayta Charitable Welfare Society, we understand that the impact of cancer extends far beyond the patient. Families, especially their children, are often left with emotional and financial burdens. 'Vidya Jyoti' aims to alleviate these burdens by providing educational opportunities to the young minds affected by their loved ones' battles with cancer.

Through this, we aspire to instill hope, resilience, and a belief in the power of education. As these young learners embark on their educational journeys, they carry with them the promise of a better tomorrow, not only for themselves but also for our society. Their success stories are a testament to the transformative impact of our organization, where we not only heal but also empower and uplift lives.

VOYAGE OF IMPACT CONTD...

Q. Do you think your career as a teacher helps you in your social work?

Ans: My career as a teacher has been instrumental in my social work. The skills developed, such as communication, empathy, discipline and understanding diverse needs, seamlessly translate into effectively addressing and supporting the community through various social initiatives.

Q. What motivates you to give your time to this cause?

Ans: In the past, I was very scared of hospitals and especially the smell there. However, after dedicating myself to this organisation for an extended period, I've undergone a remarkable transformation. I've emerged as a more confident individual, and the once-intimidating aspects of my life no longer trouble me.

My association with this organization has been a profound journey of self-discovery and personal growth. I have shed my inhibitions and emerged as a stronger, more resilient version of myself. What was once a commitment has now seamlessly become an integral part of my life.

Today, I no longer need to carve out time for my work with this organisation, for it has gracefully woven itself into the very fabric of my existence. It is no longer a mere task; it is my life's purpose. I've discovered a newfound sense of purpose, and in doing so, I've found my own place in this world. Through my work, I not only help others but also, in turn, help myself in ways I never thought possible. This journey has been nothing short of transformative, and I am grateful to be a part of an organisation that allows me to make a difference in the lives of others.

Q. What message would you like to give to the new-age generation?

Ans: The future belongs to our students, and it's crucial to connect with them. We engage with students by organising debate and declamation competitions on special occasions like Anti-Tobacco Day and International Cancer Day. By educating our students about cancer, we empower them to spread awareness in their communities. Their knowledge can help detect the disease early and reduce the suffering of many families. Together, we shape a generation that is informed, compassionate, and committed to making a positive impact on the world.

I will also add that we need to be absolutely truthful and encourage students to be true to themselves, fostering a strong work ethic to not only enhance their personal pride but also contribute to the pride of our nation. Just as we don't promise miracles in cancer care, we emphasise the significance of hard work and dedication in the pursuit of both individual and collective success. Together, we aim to create a society built on trust, integrity, and shared aspirations.

From the

Storyteller's Hearth

Dear Reader,

A man who took great pride in his lawn found himself with a large crop of dandelions. He tried every method he knew to get rid of them. Still they plagued him. Finally he wrote to the Department of Agriculture. He enumerated all the things he had tried and closed his letter with the question, "What shall I do now?" In due course the reply came: "We suggest you learn to love them."

This little story has stayed with me ever since I read it in a book by Anthony de Mello. Indian Jesuit Priest Psychotherapist, famous spiritual teacher, writer, and public speaker. The metaphors in this story beautifully explain the concept of diversity and inclusion in society. The thought of accepting someone who is different can be quite unnerving for most people. Just as the man wished to get rid of the dandelions from his lawn, some individuals may view the difference as an inconvenience or a threat, even. This can develop into an unconfounded fear of the other, often leading to discrimination, exclusion, and a lack of understanding.

The Department of Agriculture's response to the man's troubles gives us a powerful lesson: "We suggest you love them." It encourages us to open our hearts and minds to differences rather than trying to eliminate them. But how do you like, leave alone love, someone who is not like you?

The first step is to acknowledge that everyone in this world is unique and therefore deserves to be treated equal, regardless of differences in race, culture, gender, religion, or other aspects of identity. A small shift or perspective can go a long way in building a more equal and equitable society for everyone.

The second step is to be curious. The next time you meet a person who looks, eats, behaves, or prays differently from you, ask them about their practices. Be genuinely interested in their ways and show them you truly wish to understand them. Share your stories with them, and you will soon find common ground as human beings.

The third is to practice. Seek out opportunities to network with people from diverse backgrounds and learn from them. Doing so will make you more respectful and give you the courage to challenge stereotypes and prejudices when you encounter them.

When you consciously apply these steps, you will begin to notice the barriers dissolving on their own. The human in the other person will become more visible to you. The dandelions will not be pesky weeds anymore but appear as pretty white embellishments on a green lawn.

Warmly,

Deeptha Vivekanand
Storytelling Lead

INKSCAPES

The String Maestro

I watched him, his fingers dancing across the strings,

As the great classical guitarist, as the music in my ears rings.

His fingers quick to switch, from an A sharp to a G sharp minor, taking no second,

The sound of people clapping and hooting reached my ears "What a legend!"

His talent immeasurable, his music of such great value,

I truly have to say, he left me imbued.

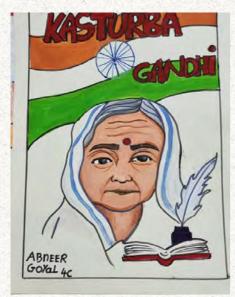
The great Spanish guitarist, finished his show as his fingers stopped dancing across the strings,

And the music in my ears stopped to ring. Rounds of applauses, standing ovations began to rise,

The happiness in the guitarist's eyes, To him, these small moments are like winning a grand prize.

Parina Arora VI-B

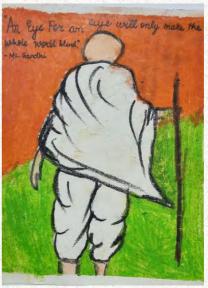
Celebrating Independence Day



Abeer Goyal IV C



Kaavish Gupta III A



Mishika Duggal IV A



Ahandeep Suhna III B



Suvarchala Arora IV B



Mishthi IX C

SHUTTER SQUAD NATURE EDITION

Armed with their lenses, the photographers from St. Kabir Public School capture everyday moments at the school campus, that many of us fail to see. These pictures show rare and unique moments of the common avian species in Chandigarh.

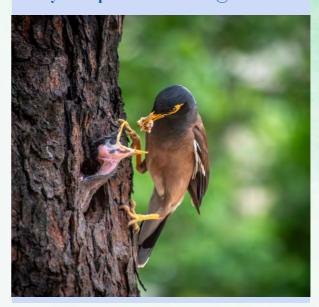


An owl with its prey



A silhouette of a sunbird enjoying nectar (Photos by: Aryaman Jain, IX-B)

Win a certificate by being one of our top three winners! <u>Caption this Photo</u> Send your responses to newsletter@stkabir.co.in



Blossom Haven

Hibiscus, a plant with vibrant flowers, has a rich history of decorative and medicinal uses. It is utilised in extracts, teas, and supplements. In traditional medicine, hibiscus is employed to address issues such as liver disease and high blood pressure. Blooming hibiscus beautify our campus, nurtured by dedicated school gardeners enhance our school's aesthetic charm.





BOOKWORM'S PARADISE

Agatha Christie- And Then There Were None.

Agatha Christie's "And Then There Were None" is a gripping tale of psychological suspense. Ten strangers with dark pasts are lured to an island where mounting tension, unexpected deaths, and a puzzle-like plot combine to create a captivating reading experience. This novel has rightfully earned its place among the greatest mystery novels of all time.



ANIKA CHAWLA IX-B



A Man Called Ove- By Fredrik Backman

This book is about fifty-nine-year-old Ove and his tragedies concealed by his ever-grumpy exterior. As you turn the pages, you slowly discover the inordinate kindness that is revealed when some new people enter his life and tear away the walls he built around himself. It is a heartwarming, uplifting, hilarious, and masterful must-read for people looking for deeper meanings.

- SABIHA SINGH VII- B

Maureen Johnson-Truly Devious

Who doesn't like a good mystery! "Truly Devious" is a chilling mystery filled with surprising twists and turns, featuring well-written dialogue that keeps the reader on the edge of their seat. Stevie Bell, a young girl with dreams of being a detective and a true-crime aficionado, travels to the Ellingham Academy to solve a shocking case that has yet to be cracked.



- EKROOP KAUR V- B





with a Greek twist! When the Greek god Apollo is sent to the streets of New York, he must find his way back to being the Sun god. He then gets assigned to a young demigod named Meg, with Meg as his master.

Together, they must free the Oracles of Delphi from the Roman Triumvirate and defeat the tyrants. The journey unfolds in five unique and exciting books. This well-written piece of fiction has transformed the immortal god of the sun into a normal teenager just like any of us. The series is funny, gripping, and exciting, with an interesting haiku at the beginning of every new chapter. Explore this series to discover Apollo's

personal growth from being a stuck-up sun god to a helpful deity.
- EKAMJOT KAUR BEDI VII- C

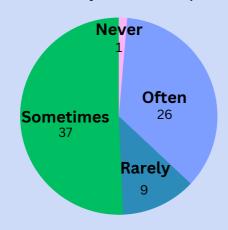
OPINIO QUEST

A survey was conducted to know what the students have to say about their academic journey:

Are you able to complete your school work on time?



How often do you feel overwhelmed by the amount of schoolwork you have to complete?



What is your preferred method of learning?

-> Most popular answer:
Visual aids such as diagrams and videos (33)
&
Verbal explanations and lectures (26)

How often do you seek help from your teachers or peers when you face difficulty in completing your schoolwork?

| Sometimes | 39 |
|-----------|----|
| Never | 1 |
| Sometimes | 26 |
| Rarely | 9 |

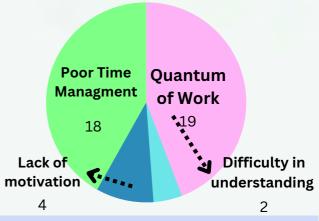
What subject are you most likely to submit your HW always on time?

-> English! (43)

On an average, how many hours, per day, do you spend on school work at home (including homework, other school-related work, and self-study)?



What is the primary reason for your inability to complete homework or schoolwork on time?



What kind of homework are you more likely to complete?

-> Most popular answer:
Questions from the textbook (50)
&
HW with High Order Thinking Skill (36)

What is your preferred method of receiving feedback on your homework?

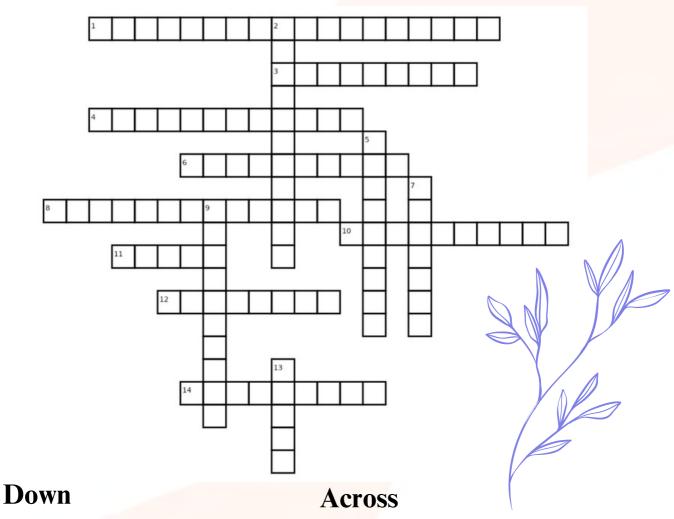
MOST POPULAR:

Verbal feedback given by teachers- Individually

Most students work on tasks assigned to them on a daily basis, while others create a schedule or a to-do list to stay on top of everything.

CRYPTIC PARADISE

Let us embark on a mind-boggling journey to crack the code of clues and decipher the crossword conundrum.



- 1. the partial or total inability to hear
- 2. the art of adopting and implementating equality across society.
- 3. a social group of any size whose members reside in a specific locality, share government, and often have a common cultural and historical heritage.
- 4. a language made up to hand gestures
- 5. the differences found in a community, differences such as gender, origin, language, etc
- 6. special aids for those who can't hear
- 7. hindi word meaning communication

- 8. the art of expressing oneself through spoken words
- 9. a social feeling or connection that shows empathy
- 10. a person who conveys sign language into spoken words, for others to understand
- 11. organisation that set up Project Sanchar
- 12. the coordinated action of a group, especially when successful and efficient
- 13. the state of being joined together or in agreement
- 14. an individual putting their time and effort into some work

for free

Design Courtesy: Nigella Mann (IX-B), Ekamjot Kaur(VIII-C) and Tavisha Kaull (XI-C)

Please send your responses to <u>newsletter@stkabir.co.in</u>. The name of the student who sends the first correct response, will appear in the next issue of the Newsletter.

KAIZEN | OCTOBER 2023 40

Upcoming Events @SKPS

| Nursery | Play Dough Activity English Spell Bee | | | KG | English Spell Bee |
|-----------|--|-------------------|--------------|---|---|
| Class I | Hindi Recitation English Spell Bee | | Cl | ass II | Maths Quiz Spell Bee |
| Class III | Music and Singing Spell Bee | | Cla | ass IV | Yoga Competition Enactment of Story Characters |
| Class V | Hindi Quiz JAM | Class VI | | Movie Making Competition Enactment of Story Characters | |
| Class VII | Rangoli Making Class VIII | | ss VIII | Word Power | |
| Class IX | Band Competiti | mpetition Class X | | Band Competition | |
| Class XI | Band Competiti | ition Class XII | | Band Competition | |
| Panthom | atics | Pothe | 0 5 , | Kahe Kabir- Annual Show | |
| Dusse | hra | Othe | Deepawali | | |
| Christ | mas | tven | us . | Guru Nanak's Birthday | |

Dear Parents and Students,

Greetings!

We value your diverse opinions, and believe that the richness of our content lies in the collective knowledge and experiences of our readers. Whether you have a compelling article, a heart warming story, a useful tip, or an exciting event to share, we want to hear from you!

Here are some potential topics you may consider:

- Personal anecdotes or experiences related to the next newsletter theme i.e. "Kickstart of Golden Jubilee Year of St Kabir Public School"
- · Inspirational stories of overcoming challenges and achieving personal growth.
- · Practical tips and advice on different aspects of life that can help the student community thrive.
- · Reviews of books or any creative art /writing piece i.e. poems, articles, paintings, etc.

Submitting your contribution is simple! Just send your piece to newsletter@stkabir.co.in, and our editorial team will review it for possible inclusion in our future newsletters.

We can't wait to hear your voice and invaluable insights which we would love to share with others. Thank you for being a part of this exciting journey!

Warm regards,

Editorial Team





Artwork by: Dishita Gupta, IV-C

Artwork by: Aaradhya, IV-C

THE EDITORIAL TEAM

- Mannan Kaur (VII-C)
- Sabiha Kaur Sangla (VIII-A)
- Gayatri Gupta (VIII-B)
- Karnika Moudgil (VIII-B)
- Ekamjot Kaur Bedi (VIII-C)
- Kashvi Punj (VIII-C)
- Rishaan (IX-A)
- Pranjal Agarwal (IX-A)

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• Brinda Thamman (XII-A)

STAFF EDITOR

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- Gursehaj Singh (XI-C)
- Bhoomi Lamba (XII-D)
- Ashveen Kaur (XI-B)

DESIGNER

 Salim Javed (IT Executive)

PHOTOGRAPHY

• Jatinder Kumar (IT Executive)

St Kabir Public School

Sector 26, Chandigarh

Ph.: +91-172-2791459, +91-1722793437 | Whatsapp No. : +91-7087-420602

E-mail: contact@stkabir.co.in | Website : www.stkabir.co.in



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