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LABOR OMNIA VINCIT

E-NEWSLETTER

St Kabir Public School

Sector 26, Chandigarh

FROM THE EDITOR'S DESK



'The Earth has music for those who listen.'

— *William Shakespeare*

Man has been fascinated by nature ever since history remembers. Be it poets or artists, travellers or explorers, man has always been deriving an insatiable pleasure from unearthing the Earth. Inspiration surfaces from nature, for it is a man's devoted muse, a sincere friend. Nature stimulates us to contemplate. Behind most of our artistic creations-our literature, music, paintings, poetry- there is a distant rustling of leaves, the glimmering of stars, the gurgling of a brook, the happy blooming of flowers or the silent stoicism of mighty mountains.

Sadly, over time, we lost our way and began to focus too much on money and the pursuit of opulence. To gain wealth, to be able to buy expensive products, to live luxuriously - that became a modern fulfilment. If things went wrong, money was the solution. But is that really a solution? I ask you- If a catastrophe takes place tomorrow, what would you do? Offer it money so it would stop?

In my opinion, human carelessness towards the environment is growing out of a collective egoistic state of mind which believes in the omnipotence of technology. We live busy lives, forever in pursuit of 'happiness' while disregarding the fact that our bodies gravitate towards the earth and towards simple, achievable joys. If only we rekindle this innate connection, we will realise that we are suffocating ourselves between concrete walls and smoggy streets. Just like we are witnessing the dying of wildlife, we are also wilting away with them - because man was always a part of nature. "One of the first conditions of happiness is that the link between Man and Nature shall not be broken", said Tolstoy in the late 19th century. Here we are in the 21st century, still not stirred enough to feel the pulse of nature as our own, still looking for happiness in consumables, still not evolved enough to save what we have.

Sadhguru has been imploring people to save the soil and to help build a conscious planet. I quote him, "Mother Earth is so generous. If only we give her the chance, she will restore everything in absolute abundance and beauty."

At St Kabir, we have taken upon ourselves the task of sensitizing our children towards the damage humans are causing to Mother Earth. We have been creating awareness about the impending danger of climate change and pollution of all sorts. In this edition, we have put together our small, purposeful endeavours towards saving the Earth from ourselves. Let's do our bit for the Earth. ***Together for Our Planet.***

Radhika Gupta
HOD English



IS IT POSSIBLE TO TRULY LIVE WITHOUT FEELING ALIVE?

The other day, I let the invigorating breeze sift through my hair and caress my face. I let it humble my imperfections, societal judgements and dogmatic perspective. In that moment, I felt most alive and most human...

To my mind, for the life we have been accorded, most of us including myself, have merely existed. Being alive is residing in happy surroundings, waking up to a fresh breeze which is not choc-o-blocked by polluted air and obnoxious honking. Being alive is having warm food on our plates which blesses us with good health. It is understanding the monumental importance of these pygmy moments.

Today, the music of our surroundings has been replaced with the cries of our fallen enemies, our breath stale because of the burning earth and wasted food hungrily eyed by starved stomachs.

The world is progressing south, and can only be fixed by people who choose to live rather than exist. It's a choice you have to make every day, for ironically, you are most alive when your heart skips a few beats!!

-Sahira Jain, XII-C
Senior Prefect, Editorial Board



Picture Credit: Kyna, VIII-C

ACHIEVEMENTS



**Ibhanan Kakkar
(VII-B)**

- 1st Prize in State Level National Children Science Congress (Jr. Category).



**Pranjal Agarwal
(VII-B)**

- 1st Prize in State Level National Children Science Congress (Jr. Category).



**Aarush Chhatwal
(VIII-A)**

- 1st Position in Pantomathics-Inter School G.K. Quiz Competition (Jr. Category).



**Mahika Juneja
(VIII-B)**

- 1st Position in Pantomathics-Inter School G.K. Quiz Competition (Jr. Category).



**Saanya Singh
(XII-B)**

- 1st Prize in the Shemrock Inter School Business Cohort & Business Plan Competition.
-2nd Prize in L.P.S. Business Conclave.



**Shreeya Gupta
(XII-B)**

- 1st Prize in the Shemrock Inter School Business Cohort & Business Plan Competition.
-2nd Prize in L.P.S. Business Conclave.



**Arnav Goyal
(X-C)**

- 3rd Position in Pantomathics-Inter School G.K. Quiz Competition (Sr. Category).



**Aanya Mehta
(XII-C)**

- 3rd Position in Pantomathics-Inter School G.K. Quiz Competition (Sr. Category).



**Kyna Goyal
(VIII-C)**

- 2nd Runners Up & Rs. 1500/- Cash Prize in Nek Chand Painting Competition



**Dhruv Kapoor
(XI-D)**

- 2nd Runners Up in SDG Summit Quiz Wiz Competition.



**Keshav Bansal
(XI-D)**

- 2nd Runners Up in SDG Summit Quiz Wiz Competition.



**Prishaa
(VI-C)**

- Consolation Prize in Bhakra Beas Management Board.
-State Level Painting Competition
Rs. 7500/- Cash Prize..



**Girisha
(IX-B)**

- Consolation Prize in Bhakra Beas Management Board.
-State Level Painting Competition
Rs. 7500/- Cash Prize..

SPELL BEE COMPETITION



**Madhavi Gupta
(VIII-A)**

- Punjabi Subject winner in Spell Bee Competition.



**Manhar Garg
(VIII-B)**

- Punjabi Subject winner in Spell Bee Competition.



**Amulya Adhikari
(VIII-C)**

- English Subject winner in Spell Bee Competition.

QUIZ-O-PEDIA @JPGS (NATIONAL EVENT)



**Sinhayana Chugh
(VI-A)**

- 1st Position in Environmental Science.
- 1st Position in Ram The Grammar.
- 2nd Position in Sports'10 City.
- 2nd Position in Mughals & Modern India.



**Saahir Dhawan
(VI-C)**

- 1st Position in Logical Reasoning.
- 1st Position in Environmental Science.
- 1st Position in Ram The Grammar.
- 2nd Position in Mughals & Modern India.
- 2nd Position in Sports'10 City.
- Consolation Prize in Rapid Fire Finale.



**Shivein Kalia
(VI-C)**

- 1st Position in Sports'10 City .
- 1st Position in Logical Reasoning .
- 1st Position in Mughals & Modern India.
- 1st Position in Environmental Science.
- 1st Position in Ram The Grammar.
- Consolation Prize in Rapid Fire Finale.



**Grishma Sharma
(VII-A)**

- 1st Position in Ram The Grammar



**Nigella Mann
(VII-C)**

- 1st Position in Sports'10 City
- 1st Position in Logical Reasoning
- 1st Position in Environmental Science
- 1st Position in Ram The Grammar
- 2nd Position in Mughals & Modern India
- 3rd Position in Rapid Fire Finale



**Mahika Juneja
(VIII-B)**

- 1st Position in Sports'10 City
- 1st Position in Logical Reasoning
- 2nd Position in Mughals & Modern India



**Raghav Prinja
(VIII-B)**

- 1st Position in Ram The Grammar
- 2nd Position in Logical Reasoning
- Consolation Prize in Mughals & Modern India
- 2nd Position in Environmental Science.
- Consolation Prize in Sports'10 City



**Sohraab Singh
(VIII-C)**

- 1st Position in Ram The Grammar



**Gulnar Dhillon
(VII-A)**

- 2nd Position in Logical Reasoning
- 3rd Position in Ram The Grammar
- Consolation Prize in Sports'10 City.



**Kashvi Singal
(VII-B)**

- 2nd Position in Sports'10 City
- 2nd Position in Ram The Grammar.
- 3rd Position in Mughals & Modern India.



**Daman Deep Singh Pallha
(VII-C)**

- 2nd Position in Environmental Science
- 3rd Position in Logical Reasoning
- 3rd Position in Ram The Grammar



**Ekamjot Kaur
(VI-A)**

- 3rd Position in Ram The Grammar



**Aneesha Barpujari
(VIII-C)**

- 3rd Position in Sports'10 City
- Mughals & Modern India Consolation Prize



**Mannan Kaur
(VI-A)**

- Consolation Prize in Sports'10 City
- 2nd Position in Logical Reasoning
- 1st Position in Ram The Grammar



**Atiksh Thakur
(VIII-B)**

- Consolation Prize in Logical Reasoning

SCIENCE OLYMPIAD FOUNDATION (SOF)



**Ayansh Bansal
(III-C)**

- International English Olympiad SOF Rank 1



**Aarush Jain
(III-C)**

- International English Olympiad SOF Rank 1



**Akshansh Sharma
(IV-A)**

- International Rank I in IMO, IEO, IGKO
- International Rank II in NSO
- International General Knowledge Olympiad SOF Rank 1
- International English Olympiad SOF Rank 1



**Prisha Bhagat
(VIII-C)**

- International Rank I in IGKO by SOF Olympiad Examinations.



**Abhiraj Bhattacharjee
(V-C)**

- International Rank II in IMO by SOF Olympiad Examinations.



**Ighanan Kakkar
(VII-B)**

- International Rank II in IMO by SOF Olympiad Examinations.



**Lakshay Ahuja
(X-C)**

- International Rank II in IGKO by SOF Olympiad Examinations.

INTER SECTION / INTER HOUSE RECITATION



**Saaz Gautam Singla
(I-B)**

- 1st Position in Inter Section
Recitation



**Manvir Singh
(II-A)**

- 1st Position in Inter Section
Recitation



**Veronica Malhotra
(III-B)**

- 1st Position in Inter House
Recitation



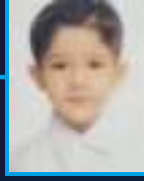
**Aaradhya Bhandari
(IV-C)**

- 1st Position in Inter House
Recitation



**Shaynah Chauhan
(I-A)**

- 2nd Position in Inter Section
Recitation



**Krishav Sharma
(II-C)**

- 2nd Position in Inter Section
Recitation



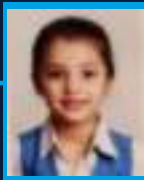
**Aadya Kansal
(III-C)**

- 2nd Position in Inter House
Recitation



**Virsadeep Kaur Lamba
(IV-B)**

- 2nd Position in Inter House
Recitation



**Janaya Sahni
(I-B)**

- 3rd Position in Inter Section
Recitation



**Samiya
(I-C)**

- 3rd Position in Inter Section
Recitation



**Alia Sharma
(II-B)**

- 3rd Position in Inter Section
Recitation



**Aarush Jain
(III-C)**

- 3rd Position in Inter House
Recitation



**Bhavik Nikhanj
(IV-A)**

- 3rd Position in Inter House
Recitation

INTER HOUSE DECLAMATION



**Ambreen Kaur
(V-B)**

- 1st Position in Inter House
Declamation



**Aarav Bhatia
(VI-C)**

- 1st Position in Inter House
Declamation



**Elina Sudon
(V-C)**

- 2nd Position in Inter House
Declamation



**Aryaveer Singh Sahota
(VI-B)**

- 2nd Position in Inter House
Declamation



**Ranveer Talwar
(V-A)**

- 3rd Position in Inter House
Declamation



**Sabiha Singh
(V-B)**

- 3rd Position in Inter House
Declamation



**Riddhi Saluja
(VI-A)**

- 3rd Position in Inter House
Declamation

INTER HOUSE BILINGUAL TURNCOAT



**Nigella Mann
(VII-C)**

- 1st Position in Inter House
Bilingual Turncoat



**Raghav Prinja
(VIII-B)**

- 1st Position in Inter House
Bilingual Turncoat



**Ibhanan Kakkar
(VII-B)**

- 2nd Position in Inter House
Bilingual Turncoat



**Angel Arora
(VIII-A)**

- 2nd Position in Inter House
Bilingual Turncoat



**Avni Gupta
(VII-A)**

- 3rd Position in Inter House
Bilingual Turncoat



**Ayan Bansal
(VIII-B)**

- 3rd Position in Inter House
Bilingual Turncoat



**Shreyas Bakshi
(VIII-B)**

- 3rd Position in Inter House
Bilingual Turncoat

SPORTS ACHIEVERS



**Arjun Bhatia
(XI-A)**

- 2nd Position in Boulder Hills
Golf & Country Club,
Hyderabad
- Participation in IGU Southern
India Championship,



**Arshneil Dhaliwal
(XI-A)**

- 2nd Position in 71st Jr.
National Basketball
Championship by Basketball
Federation of India, Indore



**Amulya Adhikari
(VIII-C)**

- 3rd Position in 33rd
Chandigarh State Badminton
Championship 2021



**Arshjot Singh
(IX-A)**

Participation in National Level
- 10M Rifle Jr. Men National
Championship.
- 10M Rifle Jr. Men Civilian
Championship.
- 10M Rifle Youth Men National
Championship
- 64th National Shooting
Championship Competitions in
Rifle Events, Bopal

OUR SCHOOL CABINET

2022-2023

HEAD BOY

HEAD GIRL

DAKSH KAILA

**ANINDITA PRABHMEHER
SINGH BIST**

OUR SENIOR PREFECTS



NAVYA AHUJA

Sr. Prefect Community Service



VIRANCHI JOGPAL

Sr. Prefect Editorial Board



DHRUV KAPOOR

Sr. Prefect Co-curricular Activities



GAGANDEEP SINGH

Sr. Prefect Sports



KASHVI

Sr. Prefect Sports



ADITYA SINGLA

Daffodil House Captain



HARSHIA GOYAL

Orchid House Captain



GIRISHA

Tulip House Captain



SAISHA MALIK

Violet House Captain



ARSHJOT SINGH

Sports Captain (Boys)



PRISHA SINGLA

Sports Captain (Girls)



MAHIKA JUNEJA

Daffodil House
Vice-Captain



RAGHAV PRINJA

Orchid House
Vice-Captain



AASHNA

Tulip House
Vice-Captain



MADHAVI GUPTA

Violet House
Vice-Captain



HARSHVARDHAN AHUJA

Sports
Vice-Captain (Boys)



AMULYA ADHIKARI

Sports
Vice-Captain (Girls)



SANYA SYAL

Daffodil House Prefect



AASHIMA SHARMA

Orchid House Prefect



SHREYA PRAJAPATI

Tulip House Prefect



KYRA REYAR

Violet House Prefect



GARVIT AGRAWAL

Prefect Sports (Boys)



KYNA GOYAL

Prefect Sports (Girls)



PRISHA BHAGAT

Daffodil House Prefect



DEVANSHI

Orchid House Prefect



ANKIT CHOUDHARY

Tulip House Prefect



MAURVI MALIK

Violet House Prefect

WHAT ARE REFLECTIONS ?

*They are the past experiences
and memories we reflect upon today.*

*Unlike a reflection in a mirror,
it is an interpretation of
what has happened in the past.*

- Nigella Mann, VII-C



REFLECTIONS

It is difficult to understate the importance of 'reflective practice' for learning. John Dewey stated, "We do not learn from experience. . . we learn from reflecting on experience", and it is worth taking time to consider the implications of this. How might we maximise the benefits of reflective practice amidst the many competing pressures we confront?

In a typical school day, students bounce from one experience to the next. They begin the day with an engaging experience in their mathematics class. From there, they bounce to an English lesson where they are enthralled by a rich discussion of an author's meaning. Later in the day, they bounce into a science lab where they wonder about the nature of chemical reactions before bouncing on a trip back in time as they ponder the implication of great moments in History. Each experience presents opportunities to build new knowledge, skills and dispositions. Students head off to bed after their busy day of experiences and wake up with minds like clean slates, ready for another day of experiences.

We agree with Dewey that learning is a consequence of reflection. So, for these and many more experiences to have a lasting impact on our children, we, at St Kabir, are making a concerted effort to ensure that 'reflections' become an integral part of our school routine. The first step towards this endeavour was to facilitate our students reflecting on the year gone by. Here's a compilation of the same.

-Radhika Gupta
HOD English



Picture Credit: Girisha, IX-B

2021 was a year of tremendous ups and downs for each and every one of us. While the vast majority spent a significant portion of the year getting used to the new normal, the year was also filled with joyful moments and new experiences. Read on to find out about the highlights of the year 2021 for the students.

During the lockdown year, I feel that I have improved upon my reading skills to a large extent. I have also learnt to read and write many new words which earlier seemed very difficult to me. Moreover, I am proud of myself that I bagged the 3rd position in the Poetry Recitation Competition and I will always cherish the day when I returned to the school post lockdown and met all my teachers and classmates. I would also like to thank the teachers for the tremendous effort they have put in for us during this difficult period.

-Samiya, I-C

First grade was an entirely new experience for me. I have cherished many happy moments during my journey through this session. Going to the school in the offline mode and meeting my friends and teachers after a really long time was one unforgettable memory.

-Mihika, I-C

Throughout the session 2021-2022, the classes were held in the online mode. But that did not stop me from making new fond memories and gaining new experiences. Our family organized 'langar sewa' and 'chai sewa' for the poor and needy. I even shared my books and toys with those children who did not have the privilege to possess them. Thus, I have learnt to be kind and helpful to everyone and to be grateful to God for everything that he gives me.

-Janaya, I-B

The year 2021 commenced with the thrill and joy of COVID coming to an end and things starting to get back to normal. Unfortunately, things did not go as expected. The pandemic did return and had both positive and negative outcomes. The negative outcome was that life did not seem to be as joyful and interesting as it used to be. However, the positive take aways has been that both children and teachers have learnt to use technology to the fullest. We have also learnt to be resourceful and hopeful in the darkest of times.

-Harjas Singh Kang, I-B

My achievements are many, but I will write a few of them, like I won a national level Abacus exam. High points of 2021 were be that I learnt coding, I learnt a bit of animation. Low points were missing Elante Mall, Hamley's and Chili's; I read a few books but I made huge progress and now I can read books back-to-back.

-Abhiraj Chugh, II-A

The year 2021 taught us a lot. The pandemic was a horrible experience but it helped us to remain strong and gain/ gather knowledge. The high point for the kids was to take things positively and use online classes to make online friends. The low point was not being able to go to school, not being able to meet our relatives and friends. However we didn't complain but excelled in the whatever we chose to take on. I learnt Bollywood dance through online classes. The year made us understand that nothing is certain in this world and we need to be prepared to overcome the harshest of times.

-Aheli Anshika, II-B

During the last two years, the pandemic has taught us to respect Mother Nature and be self-reliant. During the lockdown buying basic things like vegetables was a task. We were at the disposal of the government buses that would fetch them. So, we thought of planting our own vegetables in the backyard of our house. I planted lettuce, spring onions, spinach and aloe vera in the backyard and I was delighted to see those little plants grow and enjoyed plucking them used to be in the kitchen by my mum.

-Suvarchala, II-C

The year 2021-22 had lots of ups and downs for me. My father got transferred so I had to change school in the middle of the session. I was so scared at first to go to a new school, the teachers became my friends and my classmates also turned out to be very helpful. Now, I love my school very much. The months of November and December were very joyful as I used to attend school offline. I also joined the Wings Theatre Academy to develop and show my acting skills.

-Harshit Singla, II-A

The COVID 19 pandemic had forced the whole world to live in a state of complete lockdown for two years. Seeing such a situation, the governments had also declared that studies would take place from homes for school children so that we can remain safe and also continue our studies in a proper and organized matter. Earlier, I was happy that the online classes would save me from getting up early in the morning and going to school. However, after a few days, I began missing my friends, my teachers and all the activities that I could do in school. However, it is basic human nature to find light even in the darkest of times. I discovered small things that made me happy. I learned a lot about the laptop and the internet; which was nearly impossible when I went to school in the offline mode. I also achieved many national and international awards in Olympiads and quizzes. In the end, I would like to appreciate and thank all my teachers for their love and support and for making online studies a complete success.

-Ayansh Bansal, III-C

Though 2021 was a difficult year, I learnt many new things during this period. I learnt how to be independent, patient and aware about the things going on in my surroundings. My key achievement was that I learnt to put my creative energy into writing short stories. Overall, I had no regrets or low points. Instead, I even learnt about proper time management during this period and also improved my handwriting. Though the pandemic had people worried, it surely taught them to take care of themselves and their near and dear ones.

- Ekroop Kaur, III-C

As I reflect upon the pandemic year of 2021, I realized that this particular year has taught me many new things. First of all, I have become more technologically oriented and I have also gained a lot of knowledge about social media and its significance in our lives. I have also become an excellent chess player as I used to play chess with my grandfather every day. I have become a responsible child who helped his parents a lot with household work. I also developed the hobby of reading in my free time and I could spend quality time with my parents and grandparents. One regret that I have is that I could not go to school during this time and could not meet my dear classmates and teachers.

-Aahaan Garg, III-C

It took a long time for me to accept the fact that I was confined to my home during the pandemic year. In the beginning, I spent a lot of quality time with my family members but then, I started missing my friends and teachers. It was also extremely difficult for me to wake up in the morning and attend online classes or submit my assignments on time. However, with the passage of time, I realized that the root cause for my failure was my lethargic lifestyle and then I learned to be more responsible and sincere towards my studies and personal hygiene.

-Arish, IV-C

The pandemic has changed our lives completely. The school lives of the students have been affected the most as we took the whole education system online, which has proved that internet is now a necessity in today's lifestyle. While at home, I learned to speak and write German and also tried my hand at gardening and yoga; which helped me in maintaining peace of mind at all times. Though I found all these activities to be interesting, still I missed my experiences at school and longed to meet my friends and play with them in the playground of our school campus. I wish the pandemic ends soon and the world returns to its normal self.

-Kaashvi, IV-C

By 2021, we people had accepted the new way of living and also hoped that the pandemic would end at the earliest. For me, the biggest learning was that when the pandemic was at its peak, I realized that my friends and family were always going to be there for me. Though it was really difficult for us when the members of my family had contracted COVID, we all recovered and life returned to its normal routine. The thing I missed the most was going to the school, meeting my friends and interacting with my teachers. But my teachers and my friends helped me get over the negatives and we all continued education in a new form. My main goals were to focus on my cricket and improve in art and sketching. I hope that the coming years are healthy and full of learning.

-Aaradhya Bhandari, IV-C

The happiest memory of mine in the previous session was when we went to school after one year! I enjoyed going to school after so long. I loved sitting on the old benches and going to the field during recess. I also learned how to read musical notes and play my keyboard. These are the highlights of the wonderful year, 2021!

-Hunnar Kaur, V-A

The major highlight of the session 2021-22 was getting a new laptop. I used it for attending my online classes, doing my homework, completing my assignments. I also used the laptop for playing online games. Moreover, I also enjoyed listening to music on headphones. I even looked for recipes online.

-Rian Chaufla, V-A

At the beginning of the previous session, it was really hard to sit in front of the computer for long hours, but I got used to it. I have learnt great lessons in the last session. What I really loved was our Without Walls classes which were new to us. I really like my new class teacher and my English teacher. Another activity initiated by CBSE which I really like is the Reading Campaign. These are the highlights of the session, 2021-2022.

-Vatsal Diwedi, V-A

In the year 2021-22, I did a lot of things like going on family trips, performing science experiments, playing Basketball and of course, going to school. After 24 years I went to Shimla and enjoyed the heavy snowfall. Going there, meeting my friends and playing with them was the best part of the evenings. I focused on my studies too. I took part in various competitions as well. I am so grateful that the situation got better and I got a chance to attend school.

-Ghansham Bhasin, V-A

When our school declared that we were to switch to the online mode of learning, many thoughts came into my mind. I thought the pandemic time was going to be like a long vacation but it turned out to be monotonous and boring. My teacher taught many crafts with m-seal, threads, beads etc. I learned to play the National Anthem on the piano and bake a cake with the assistance of my mother. I started learning French which is a very interesting and beautiful language. I also joined self-defence classes which is a necessity for girls. Last but not the least, in the pandemic my parents gave me a precious gift, Scooby, my furry pet dog. I spent valuable time with my family proving that tough times like these cannot stop us from doing what we love.

-Inaya Bansal, V-A

I think that the session 2021-22 was way better than the previous one. We finally were on campus on 4th October after 1½ years. I was grateful. As classes commenced, I got to meet my old friends and made new ones. I made hovercrafts and rovers in our Design Technology hobby class. I learnt many new things like a new programming language, C++; wiring and many other things. Let's hope that the pandemic ends soon and the third wave is the last one so that we can go to school or any place freely and there is no need to wear masks anymore!

-Ishaan Gupta, V-A

For the last two years, we all have been going through tough times due to the deadly Corona virus. I feel grateful to God, my parents, my family, my friends and my teachers with the help of whom my lifeboat sailed through this difficult time smoothly. I am very thankful to my teachers who worked hard and continue to do so for teaching us invaluable lessons so enthusiastically.

-Rishti Bansal, V-C



The things I really enjoyed doing during the lockdown were cooking different dishes and trying my hands at some creative activities. I watched a video hack where a person dyed his old t-shirt and transformed it into a completely new and attractive one. I had a black shirt which I didn't like much and thought of trying out the hack. My mother and I took some elastic bands and bleach to do the trick. We kept the shirt in the sun for 2 hours. When I removed out all the bands, I was really surprised to see that an old, black t-shirt had transformed into a beautiful shirt ! It made me proud of our efforts.

-Pragya Bahl, VI-A

I created caricatures of Mr. Bean and Charlie Chaplin. I started to play football with my friends. Another highlight was that I reached Level 9 in Abacus which is a Grandmaster level. It has helped me improve in Mathematics. I also enhanced my reading skills by reading books by various authors such as the Nancy Drew series by Karolyn Keene, Math Kids by David Cole, Malory Towers, Enchanted Wood by Enid Blyton and many more. I took online keyboard lessons and also wrote my own stories. I got an opportunity to participate in the Getlitt Olympiad and Declamation.

-Riddhi Saluja, VI-A

They say, "Knowing yourself is the beginning of all wisdom". Being a roller hockey player for the past six years has taught me a lot about the hardships one has to go through to achieve heights in one's life. My family and coaches stood solid beside me as a rock by my side, motivating me at every point in my journey. My coach suggested that I should practise with the national campers for my betterment. I was delighted when team other members recognised me and called me by my first name. This motivated me not to give up no matter what happens.

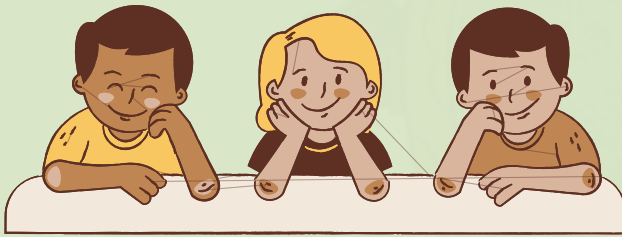


-Birsukhman Singh, VI-C



For me session, 2021-2022 was filled with creative and engaging activities. The subject enrichment and portfolio activities given by the school were also fun. One of my favourites was the EBSB activity in which the students were divided into groups of six. This activity taught me the importance of teamwork and appreciation of each member's effort.

-Arpit, VI-A



2021 was a memorable one for me. It taught me the value of closeness with family. My relationship with my friends got better. I started cooking and soon it turned into a passion. Now, I can cook various dishes which include Cheesy Omelette, my favorite Chicken dish with green veggies and herbs. I enjoyed playing with my pet-Goofy and learnt new facts about dachshunds.

-Adeel Malhotra, VI-C

I was at my cousin's place during the pandemic. We were a bunch of children who played and spent a lot of time together. I came back home in July when Covid cases began to decline. On New Year's day, we threw a big party for our relatives and friends. Though I had a lot of fun, I missed my school and teachers.

-Tanvi Rohilla, VI-C

2021-2022 wasn't that much fun. I spent my time painting and playing with my pets. But I still missed my friends and school. I am grateful that the school reopened and we could meet our friends and restart school life with proper rules and regulations.

-Aryama Singh, VI-B



I really enjoyed spending time with my family and friends. I also enjoyed doing yoga. It improved my strength, balance, and flexibility. I played badminton with my friends. We should always be grateful and be prepared to face every situation as it teaches us something new in life!

-Khushi Narula, VI-C



In the session 2021-22, I gave more importance to my hobbies. I am grateful to my school for organizing various hobbies on Mondays and Tuesdays. I had chosen Instrumental Music as my hobby. This year, I learnt to play the guitar, although I couldn't go to school physically to learn it. It was a new and exciting experience for me to practice unsupervised at home.

-Shireen Brar, VI-B

I learned calligraphy, I participated in online quizzes and games. I got to know the importance of social bonding and also learnt many skills like mandala art, abacus, dance and yoga.

-Deepal, VII-C

In 2021, I decided to explore new hobbies and be more productive. I took training in lawn tennis, learnt to play the piano and a lot of other things. I focused on schoolwork and on personal growth but most importantly I learnt that my friends and family would always have my back. I participated in a lot of competitions and attended school physically though for a short period.

-Anika Chawla, VII-C

During the previous year, we were all confined to our homes. It gave me extra time, and I utilized it to try my hands at a few hobbies such a painting, sketching and playing the guitar. In a way, it gave us time to introspect and reflect and become better human beings rather than being a part of the rat race.

-Navika, VII-B



As we get ready to embrace the new academic year, my mind is overwhelmed with the events of the year gone by. It was a challenging year, starting with lots of hopes for the future, but instead witnessed lots of cancelled plans. We learnt to face the new challenges thrown at us by online classes such as power connectivity issues, internet failures, eye problems etc. The situation presented its own funny moments-getting up at 8:59 A.M. for a class at 9:00 A.M., sitting with shorts and a formal shirt, disconnecting when the teacher asked a question, incessant chatting with friends during the class, etc. The most awaited part of the year came when the school reopened in August- September. I rushed to school like a thirsty, lost traveller in the desert rushing towards an oasis. Who could imagine that going to school itself would become so joyous! The highlight of the year for me was getting selected for the Final Round of the Intra-School Turncoat.

-Mahira, VII-B

The past year has been a humbling experience for me. It has made me view things from a completely different perspective. Besides playing, I found my inclination towards cooking. First thing I baked was a Choco Lava Cake which didn't turn out very well. Later, I baked delicious chocolate and marble cakes. Under my mom's guidance I learnt and made my favourites- Boondi ke Laddos , Paneer Makhani, Butter Naans, etc. I got interested in the world and our country's news and started watching news channels which I never did before. I enjoyed playing online and board games especially with my grandfather and made wonderful memories for a lifetime. I also learnt a few magic tricks from online portals and enjoyed showing it off to my family and friends.

-Anay Bajaj, VII-B



I explored myself and found some interesting activities to cheer me up. I learnt applying henna, discovered my potential in the field of arts, and made various sketches and paintings. In the beginning, I faced a lot of challenges doing all these things, but with the passage of time, I got to have some hold on these. I took lessons from YouTube to excel at art. The highlight of this year was that I stepped into my teenage years. This year gave me invaluable time with my family.

-Diksha, VII-C



In the past year, I have grown as a person. From dealing with both negative and positive changes in my relationships, to shouldering all my responsibilities. The year was marked by many learning experiences, a lot of laughter and sorrow as well.

-Kriti

X-C

-Sirjandeep Kaur

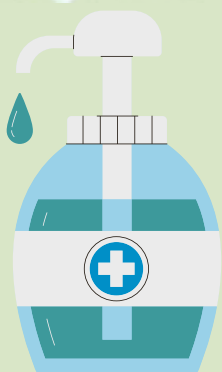
X-C

Last year was filled with both happiness and sadness. On one hand, the Covid-19 pandemic had caged us in our homes. On the other side, it gave me a lot of opportunities to acquire new skills and develop into a mature individual.

The beginning of the year 2020 was full of surprises and excitement but soon turned into anxiety and boredom. By the summer 2021, things started to become less intense. In order to stay productive and gain knowledge, I had joined a culinary course that helped me to get through the scorching summer.

-Raavi Kaushal

X-C



I enjoyed volunteering for the National Service Scheme (NSS). Through this program, I learnt that I should not be afraid to speak out against injustice and to not have unreasonable and unrealistic fears. This camp made me confident, more patient, understanding, disciplined, and well organized. In addition, the camp enhanced my leadership skills and made me realize my responsibility towards society and the world in general. Every learning activity was meaningful and useful.

-Sanyam, XII-A

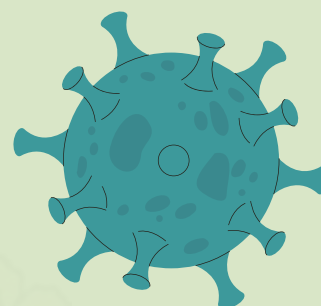


The session 2021-22 was literally a life-changing one. From learning new things about the world to identifying my hobbies, interests and learning more about myself, it has changed my perspective on life. I discovered what I wish to do while savouring the precious moments in the present. What I am truly grateful for is that I no longer feel as if something is out of my grasp. I have gained faith and confidence in my abilities to be able to shape my future and keep moving forward.

-Rijul Rajan, XII-D

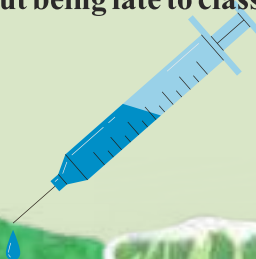
I came on the premises of St. Kabir 2 years ago not knowing how much I would grow to love it. I was honoured with the portfolio of the Senior Prefect Editorial Board and was deeply privileged to be a part of the school cabinet. Other than that, my personality completely transformed for the better and I made my friends for life. I had so many amazing and memorable experiences that I will cherish for life.

-Sahira Jain, XII-C



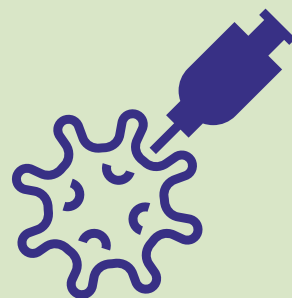
I enjoyed the transition from offline to online classes due to the ease and efficiency of the web-conferencing platform, the possibility of remaining in touch with classmates and teachers at all times. I didn't expect to enjoy online classes at first. I was pretty frustrated in the beginning. It felt like a raw deal to have to do schoolwork and not being able to see my friends every day. But, with time, I realised that everybody was feeling what I was experiencing. Moreover, now they were just a click away. The best part was that I got time for myself. I started working out, eating well and also got time for my hobbies. Being a single child, with working parents, I never got time to spend with my family. The pandemic changed things; I started spending time with them too. It was bittersweet for my friends and me; we finished school early, but we still didn't get to hang out with each other. If we could do both, it would have been ideal. It's funny, this pandemic has been an extremely stressful time for everyone. At the same time, at least I didn't need to worry about being late to class.

-Devinsh Singh, XII-D



Life is definitely a rollercoaster with ups and downs. But, I have always believed that if you have the will to do something, opportunities will come by. The effort we need to make is to see them with open eyes. I joined SKPS in the year 2021 and I am grateful that I got to be a part of this institution as it not only helped me to develop my abilities to the fullest but also made me achieve my goals. I became part of the AIKYAM NGO which conducted several cleaning drives. I also became a part of the Scribe service. I participated in a competitions related to Sustainable Development Goals, and a Poster-Making Competition. The amount of self-confidence and self-satisfaction that I have gained surely makes me proud of myself.

-Jiya Bandhu, XI-C



This academic session has been a wholesome and wonderfully enriching experience. I joined St. Kabir this session, and my life has transformed ever since. I enhanced my poetry skills and published my first anthology of poems. I also participated in various debating competitions which facilitated my learning refined my communication skills. Moreover, academically, I had a brilliant year, as I scored excellent marks and repeatedly topped in my class. As a person, I believe the year had its ups and downs, but I always managed to survive and to learn how to be a better person. I learnt that no matter how hard the circumstances are, we need to take a leap of faith and trust the universe, and never stop believing in ourselves.

-Viranchi Jogpal, XI-C

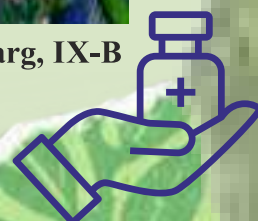


First, I am thankful to the almighty for giving us the strength to persevere through the dark phase of the Pandemic. After Grade XII, a very crucial chapter will end & a new chapter in my life will begin, therefore I would like to express my gratitude to the St Kabir fraternity for nurturing me in the last two years. In the session 2021-22, I have made everlasting memories and strong friendships that will stay with me for eternity. Further, I have developed and worked upon different domains of my personality. The highlights for me in the session 2021-22 include the commencement of offline classes and the National Service Scheme Camp. On an individual level, during the session, I felt that life was reverting to the pre-pandemic era. To conclude, I made great friends, learnt various life skills and had a fantabulous experience.

-Harshit Bhagat, XII-D



Picture Credit : Sanya Garg, IX-B



CREATIVITY IN THE ART ROOM



- Akshita Jamwal, XI-D



-Trisha Aggarwal, XII-C



-Rubani Singh, X-C



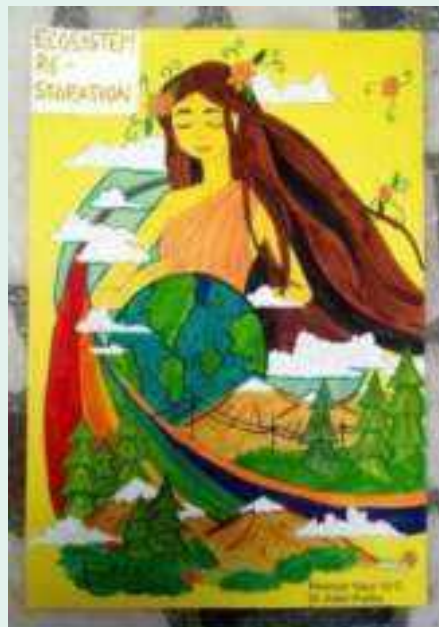
-Rubani Singh, X-C



-Atharv Bhambi, IV-C



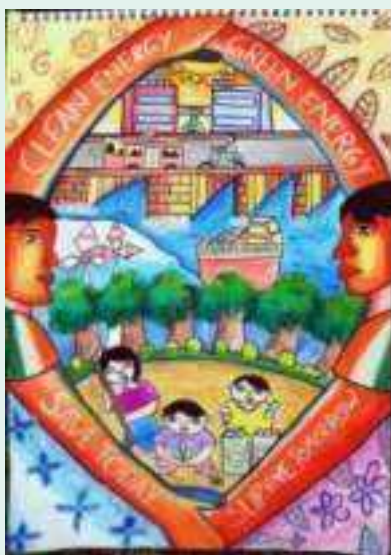
-Angel Arora, VIII-A



-Rannoor Kaur, X-C



-Diya Rampall, XII-D



-Angel Arora, VIII-A



-Akshita Jamwal, XI-D



-Siffat Sethi, IX A



-Akshita Jamwal, XI-D



-Trisha Arora, X-A



Climate Change Affects Everyone

Did you know that the oceans have absorbed more than 90 percent of global warming since 1970? Also, half the world's coral reefs have perished in the last 30 years. Aquatic ecosystems are critical components of the global environment. They provide us with food, water and energy and are habitats for rich biodiversity. But climate change has caused increase in temperatures, melting of icebergs and death of marine life. Pollution in oceans also causes algal bloom, coral bleaching due to acidity and creation of dead zones. Vandana Shiva, a renowned scholar and environmental activist, has rightly said, "Climate change is not a problem for the future, it is impacting us everyday everywhere, so we must work against it in our own small ways".

-Aaradhya Bhandari, IV-C



Preserve Water, Preserve Life

*Jingle Bells, Jingle Bells, Jingle all the way,
Oh what fun it is to have a greener Earth today!*



GOING GREEN BY GROWING GREENS

Planting seeds is our students' favourite activity...the Kinder-'gardeners' planted spinach, fenugreek, coriander, radish, carrot and turnip seeds. They took care of the budding plants and saw them grow.



Sowing seeds
in the
school garden

CONTRIBUTIONS

This Earth, this environment belongs equally to all of us and thus it is our shared responsibility to ensure that we don't pollute and tarnish it. We all can contribute in our own small ways to ensure the preservation of our surroundings. Read on to discover how students of Grade II contribute to saving our environment.

I love my surroundings very much. I have done a lot of things to keep my environment healthy and clean. I grew a few plants in my garden. I did not throw garbage on the road. I always pick up the trash and throw it in a bin so that no one falls sick. I always try not to waste electricity and water. While brushing my teeth, I turn off the tap and also bathe with a bucket. We should plant more plants because they make our surroundings more beautiful and clean. This the way I try to keep my environment clean and green.

-Arnav Rattan, II-A

Keeping our environment clean is a collective responsibility that we all must share. Every citizen has a role to play in protecting the environment from pollution. We need to reduce, reuse and recycle our waste wherever possible. Here is my small contribution for the same. I saved trees and the environment by reusing old paper for my craft activity instead of using fresh paper. It is necessary to keep our environment clean because we get fresh unpolluted air, reduce pollution etc.

-Ayaana, II-B

I have done many things to keep my environment clean. I throw the trash in the dustbin. I do not spit and litter on the roads and don't let anyone do the same. I avoid using the car as much as possible. I walk to the nearby park so that there is no pollution. I always switch off the fans and lights when not in use; in this way, I save electricity. When I brush my teeth, I turn off the tap. My parents have also instructed our driver to wash the cars using a bucket instead of a hose which saves water. I have planted many trees too. I have used reusable cloth bags instead of plastic bags which degrade and pollute our environment.

-Kaina Aggarwal, II-B

Yes, I love my surroundings very much. I try to keep my environment clean. I water the plants in my garden. I planted gooseberry, lemon and mango trees in the Shiv Temple on my birthday. I always throw the waste in the dustbin. I always switch off the lights and fans whenever I go out of the room to save electricity.

-Harshit Singla, II-A

FUN TIMES...NATURALLY

Health, happiness and homes.



Milky Moustache

Popsicle Cats



Animal Homes

Grades I & II : Heart & Hearth

DON'T THROW AWAY IN HASTE, MAKE THE BEST OUT OF WASTE

The most important letter to conserve what we have today is the letter R...
Reduce, Reuse & Recycle.



Grade III : Recycling Revolutionaries

Nature 's Love

**The clandestine pour of the rain,
The ethereal fall of the leaves,
The crystal skies our souls try to maim,
The golden threads of nature our mother
earth weaves,**

**Each sapling that flourishes into a tree,
Every flower blooming into its eternal
beauty, Raindrops shimmering ouroboros
of sanctity,
All elements uniting intrinsically,**

**The sunlight that soothes our humanly
pains, The blue sky upon which our eyes
glaze,**

**The infinitely tranquil oceans
that never fail to amaze,
The trees that evanesce our fears with
their shade,**

**Every essence of our being, corroborates
the sacrifices of nature,
Giving our existence immortal meaning.**

-Viranchi Jogpal, XI-C

Too Little, too Late : Why poll promises to cut air pollution are not enough?

Air pollution has been recognized as the world's largest single environmental health risk. It is ranked as a leading cause of death in India. One of the causes of pollution is trash burning. Pollution from construction and demolition sites must be controlled by enforcing good construction practices. The governments must make provisions to control toxic gases from coal plants. Further ensuring that pollution control boards are installed in the cities and that they carry out regular checks and inspections. The use of Public transport should be encouraged by the government. Penalties should be made stricter. The people must not view air pollution as limited to a few respiratory diseases and know that it is lethal. We must prioritise choosing a government that does not make empty promises.

-Saanya Singh, XII-A

India will soon overtake China to become the most populous country in the world. Thus, with the increasing population pressure, one expects to see sustainable measures being promoted to curb the rising pollution levels in the environment. Not a day goes by when one doesn't read an article in the news regarding the felling of trees, construction activities being pursued enthusiastically. Our capital city, New Delhi has the highest ambient particulate matter pollution exposure in the country. Paddy crop is burnt on a large scale, resulting in a dense layer of smog over the Northern Plains, including Delhi NCR. The government must sensitise the people and make stringent laws. Due to a lack of seriousness in making and implementing the pollution- related laws, the situation remains grim as people don't understand the aftermaths.

-Rijul Rajan, XII-D

“The environment is where we all meet; where we all have a mutual interest; it is the one thing all of us share.”

The environment satisfies the indispensable needs of human beings. In return, we humans have just exploited the environment. We have chosen a path for ourselves that will lead towards the extinction of our civilisation. Poll Promises, articles, speeches will not help us anymore. We have to stop making excuses for the current state of our planet and think about plausible solutions to save it. As students at the micro-level, we can adopt several techniques such as the principle of reuse, recycle and reduce to contribute to the mission to save the planet. We have to bring to the notice of our government that we have had enough with the speeches and opinions, now is the time to bring in laws that will help us counter climate change.

-Harshit Bhagat, XII-D

“Earth provides enough to satisfy every man's need, but not every man's greed.”- Mahatma Gandhi. The above quote suggests that we as citizens have never once thought about needs other than ours. It is the sheer selfishness of mankind that makes us wear the veil of ignorance and forget what needs to be done in order to prevent further damage. We will either say the problems are not affecting us directly or we will say that we can't control everything. Then the laws imposed by the government are in no way strictly executed. It is not completely true that laws are not strictly implemented. Countries like Sweden and many other countries have achieved many sustainable development goals. The only thing that is required is planning and innovating sustainable techniques, to make the world a better place. If we don't act now, it will be too late.

-Aanya Mehta, XII-C

WITH HOPE AS THE PILLION

If anyone told you that cycling was the antidote to cancer, you'd probably say they were joking. But, ask **Luke Grenfell-Shaw** and he'd tell you a fascinating story about how he manages it. Luke is a 26-year-old from Bristol (UK) whose life came to a halt when he was diagnosed with stage-4 sarcoma in 2018. When doctors told him about the illness and that it had already spread to his lungs, he didn't think he would see Christmas. Luke knew from the day of his diagnosis that he had to make every day count and live life with richness. He underwent treatment for two years and went into remission; it was during this period that he resolved to make the rest of his life about living for the moment. Being a cycling enthusiast and an athlete, Luke decided to embark on a tandem cycle (a cycle with two riders) trip in order to raise awareness about cancer and raise funds for cancer-related charities in different parts of the world. He has undertaken an ambitious 30,000-kilometre journey, covering 30 countries, to raise £300,000 - an initiative he calls Bristol2Beijing. It was during this trip that Luke was invited by St Kabir Public School to share his incredible story with us.

Over an engaging hour, Luke eloquently shared his life's adventures through a photo presentation that was accompanied by his humorous and moving commentary. He made an important distinction between a 'cancer survivor' and a 'Can-Liver' - a term he coined to emphasise that a person can live a meaningful life despite the disease. Listening to him was a lesson in positivity, resilience, humility, and hope. They say, when life gives you lemons, make lemonade. What if life gave you cancer? Luke might say, "Get on the cycle!"

**-Deeptha Vivekanand
Storytelling Consultant**



THE INDOOR GENERATION

How much time do we spend staring at the screen each day? Due to the pandemic, we have been spending lesser time in the outdoors. Gone are the times when mothers used to shout their lungs out in the evening to call their children back home after the long hours of play and the children would shout back- “5 minutes more, Mom!” Have we all forgotten that just a stroll in the play-field can bring so much happiness and peace? Have we become the “Indoor Generation”? Our closeness to nature is deep-rooted in our evolution. Why else would we search for a holiday destination with a beach, or an accommodation with a breathtaking view from the balcony? Staying close to nature makes us feel alive from within. Have we forgotten the extent of happiness in we experienced strolling in the play field in the past?

Wellness has been the focal point for so many of us. However, it is surprising that we aren't paying attention to the basics such as the need for sunlight and fresh air. Disconnection from the natural world in which we evolved leads to a variety of psychological symptoms that include anxiety, dissatisfaction, and depression.

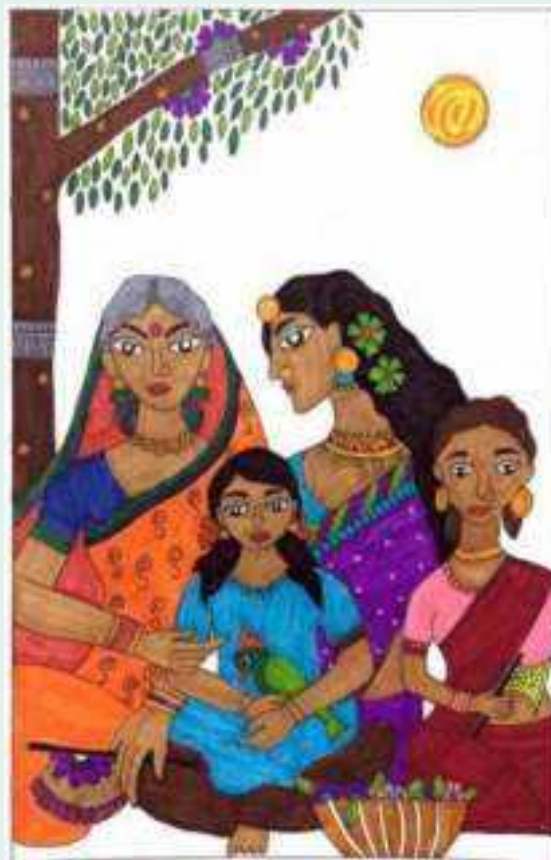
'Ecotherapy' is using nature to improve both mental and physical health. Reconnection to nature brings a larger capacity for health, self-esteem, self-relatedness, social connection, and happiness. As a society, we have always struggled to accept that play is a serious form of learning. The outdoor settings help children to move freely and interact with different forms of nature, allowing them to think, branch out and interpret events in their own way. This helps in the development of their confidence, creativity and imagination. Amidst nature, children think, question, and interpret, and subsequently, this helps develop analytical minds. At the end of the day, the purpose is to have your feet dirty, hair messy and eyes sparkling with happiness and contentment.

So let us spare 5 minutes to observe a tree and watch its movement today. Watch the sunset, make a connection with a pet, walk barefoot on the grass and be one with **Mother Earth!**

-Dr. Sabina Duggal



Picture Credit : Diya Rampall, XII-D



Picture Credit : Gulnar, XI-C

QUARANTINED

Life during COVID-19 wasn't all rainbows and sunshine for me. Let's put it this way- you are a 14-year-old sluggish teen whose family members have tested positive for the virus. Now you're confined to the right end of the house, since your family is quarantined to the left. Yep, this was my life, yet I welcomed it with open arms, not knowing what challenges that might bring along.

I am an introvert, so the idea of having a room to myself seemed *just* perfect to me. The first day went by smoothly. I was rather thrilled that day. It was the next day when reality hit me. I realized that I had to wake up early to unlock the gates for the cook, prepare my breakfast and what not. From checking in on my parents to completing my assignments, to answering the doorbell, I had to do it all and it was tiring. This went on for nearly three days. But, it was on the fourth day, that I faced an obstacle - running errands! It had never been as enervating as it was that day.

As time went by, my life eased, but my mind certainly didn't. It probably was the only time when I despised being alone. By the end, I was tired of staying in my bedroom, tired of eating takeaways, and tired of not having anyone to talk to.

Seven days later, my family members finally tested negative. I was overjoyed! We were now living like old times, and honestly, it was the first time I didn't actually mind watching '13 Hours: The Secret Soldiers of Benghazi' with my family again.

-Naysha Kaura, VIII-B

A Bag Brimming with Lessons

During this pandemic, there hasn't been a single moment for which I have not expressed my gratitude towards the Almighty. Every breath of mine had me counting my blessings. This pandemic might've been the worst time of one's life but then so goes the saying, 'every cloud has a silver lining.' The session of 2021-22 doesn't have just one highlight, for each moment I laughed and breathed was no less than an accolade. Yet, if I were to highlight anything, it has to be the lessons I learnt.

The pandemic has made me wiser; the year has bestowed upon me some pearls of wisdom. My first lesson was that life is a rusty combination of peaks and valleys. If one feels that one's retreat is a little too many steps backwards then one has to have faith and believe that this is life preparing oneself for a huge leap forward. Just as it is always darkest before dawn, each sorrow is followed by goodness and happiness.

Grab every opportunity that comes your way. There is this beautiful story of a king who was to be thrown into the jungle to be eaten by wild animals after serving his five-year term as a ruler. But, channelling his wisdom and not letting the opportunity go to waste, he sent various people each year to transform the jungle into his own country. On account of this tale, I realised how important it was to make the best out of whatever you gain.

Another inspiration was this joyful girl Aisha, who taught me how crucial it was to be happy every moment you had; for you never know what would happen next.

Lastly, I learnt to dream because I strongly believe that the ones with big dreams are more powerful than the ones with all facts. I realised that the best part of life lies in its unpredictability, because who would've thought I'd learn so much in the course of a rocky year!

-Madhavi Gupta, VIII A

Celebrating a Century of Radio

World Radio Day is an international day celebrated on 13th of February each year. The Spanish Radio Academy on 20th September 2010, had proposed to the UNESCO Executive Board for the proclamation of a World Radio Day. UNESCO Executive Board included a provisional agenda for the proclamation of a "World Radio Day". In December 2012, The General Assembly of the UN endorsed the proclamation of World Radio Day, which thereby became a day to be celebrated by all UN agencies, funds and programmes and their partners on the 13th day of February every year. The day is dedicated to honoring the oldest and the most widely used means of communication and spreading information.

The radio is a major invention that happened before television and the internet, but which still continues to be heard as a major medium of communication internationally. It provides as a relevant medium of information to all irrespective of their educational level and thus is best suited even to those who cannot read or write.. In India, Radio arrived in the early 20th century. However, it took several years before it became a popular medium of mass media.

Guglielmo Marconi an Italian inventor, for the first time introduced radio communication. He sent and received his first radio signal in Italy in 1895, the first successful transatlantic radiotelegraph message.

The 11th edition of World Radio Day is being celebrated in 2022. The theme for this year is "Radio and Trust". This theme was proposed keeping in view the credibility of the medium to provide reliable and relevant news. On the occasion of World Radio Day 2022, UNESCO calls on radio stations worldwide to celebrate this event's 11th edition and more than a century of radio.

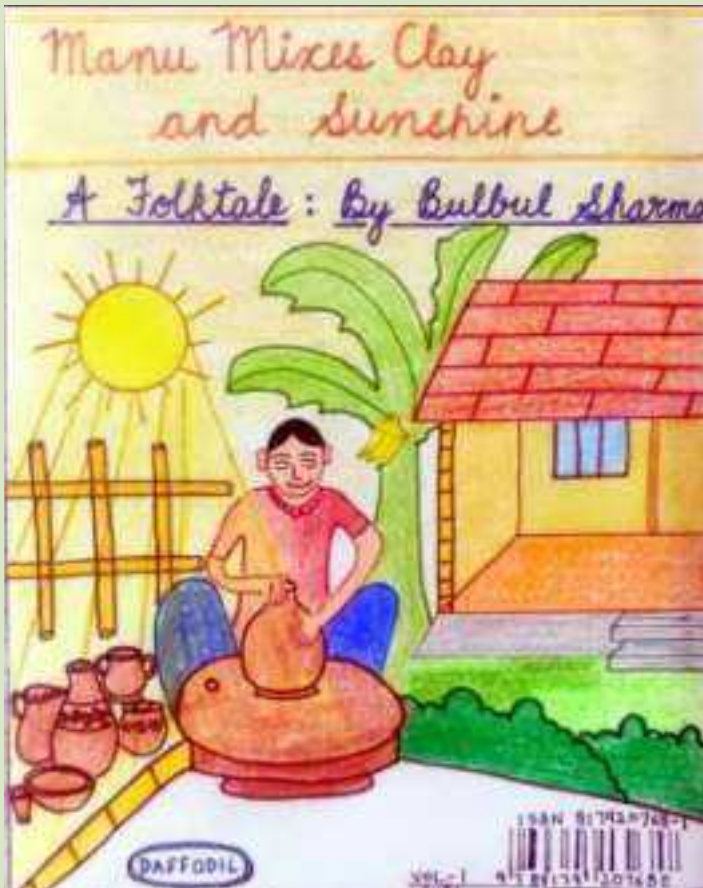
- Mansha Sharma, IV-C



FOLKTALE AND BOOK COVER

An earthy tale...mixing nature's gifts to make happiness

Manu Mixes Clay and Sunshine



Once upon a time there was a boy named Manu who lived with his family of potters in a village. In his family his grandfather, father, mother and his elder sister Sushma were there. Manu didn't know how to make clay pots but was proficient in making small toys whereas Sushma was an expert in making pots. Monsoon season was a long holiday for potters.

On the first day after the monsoon season ended, Manu went to the Ghost river with his grandfather to dig clay for pots. When they reached the river, they rested under a Banyan tree and had lunch. Then they had a tete-a-tete for sometime after which

they dug a lot of clay and returned home. Next day, when Manu returned home from school, he helped his grandfather and father to make pots. After a few days, the pots were ready with fresh geru colour. Then they went to the city to sell their pots at a fair. Manu rode the merry-go-round. They also bought things for everyone. Then they took a bus to return home. Suddenly, Manu came out of the bus and entered a shop and asked the shopkeeper to show him something that would make a good gift for his father. He showed a beautiful umbrella but it was very expensive. So, Manu had an idea. He helped the shopkeeper in lifting heavy sacks and earned some money. With this money, he was able to buy the beautiful umbrella for his father and was very glad. In the end, they all reached home happy and content.

-Ayansh Bansal, III-C

QUIET ECHOES

After the last period of online classes, I flopped down on my bed. It seemed as if that day was going to be like any other. But that changed when my father walked in with a parcel behind his back. To anyone else, it was 'just another parcel', but to me, that was a rectangular piece of gold wrapped in the most beautiful brown paper, packed perfectly in the wondrous clear plastic tape that had the word 'SCHOLASTIC' printed on it. It was my first published story in the anthology-'Quiet Echoes'.

A few days later, I was selected for an Inter-School Speech Competition- the SDG Summit (organized by Sacred Heart School). I learnt speech after speech, and cleared 3 rounds! After that, I felt exhausted. But life doesn't always give you breaks, and you have to move on. I also participated in an Inter-House Declamation in which I won the first position.

Sometime later, I participated in a Story Writing Competition hosted by Quantum Vault (based in Australia). This was going to be harder than most competitions as it was an International event. I was to be given a Sci-fi topic and was supposed to write it within the stipulated time limit. There was only one thing; suppose I made a mistake, I couldn't click on that word and edit it. I'd have to delete the whole sentence and then rewrite it with the edits. The worst part was that while writing the last sentence, the lights in my house went out. Since there was no option of saving my work. I had to rewrite the piece in half the time. It was really hard, because I had forgotten everything. But once I started writing, I got back into the flow and finished just in time. Days went by, and I forgot all about it. I was playing with my siblings when my mother called me and showed me a message on her phone. I had won the 'Prodigy Award' as I was among of the top 1% internationally. The icing on the cake was that this story would be published in a book called 'The Wizard'.

The perfect end to the year was that my second story 'Sense: The Saviour' was published in the anthology 'Tales From Here And There'. And with that final accomplishment, the year ended; only to make a fresh beginning. If my life were a movie, the credits would include my family, teachers, friends and classmates.

-Sabiha Singh, V-B



St. Kabir Public School bags the Best Reading School Trophy in the Get Litt! Summer Reading Olympiad 2021-22

St. Kabir Public School won the '2nd Rank - Best Reading School Trophy' during GetLitt! Winter Reading Olympiad 2021-22!

During this phase of preparation, children had been exposed to diverse literature such as *Uncle Nehru, Please Send An Elephant* (history), *Treasures from Tibet* (cultural diversity), *Lost and Found* (Koliwada, villages within cities), *Aai and I* (identity, empathy), *Srinivas Ramanujan* (Indian Scientists), *Ancient Egypt* (green civilization), *Girls to the Rescue* (breaking gender stereotypes) and many more interesting topics.

Following are the Global Top Rankers across various grades from our school :



Award	Grade	Name	Certificate	Prizes
Global Top Rank 1 - Grade 2	2	Vaanya Maingi	Certificate of Reading Brilliance	Gold Medal, Cash Prize
Global Top Rank 1 - Grade 3	3	Ira Chhikara	Certificate of Reading Brilliance	Gold Medal, Cash Prize
Global Top Rank 1 - Grade 3	3	Aadya Kansal	Certificate of Reading Brilliance	Gold Medal, Cash Prize
Global Top Rank 1 - Grade 3	3	Aarush Jain	Certificate of Reading Brilliance	Gold Medal, Cash Prize
Global Top Rank 2 - Grade 4	4	Akshansh Sharma	Certificate of Reading Brilliance	Silver Medal, Cash Prize
Global Top Rank 1 - Grade 7	7	Nigella Mann	Certificate of Reading Brilliance	Top Rank Trophy, Gold Medal, Cash Prize
Global Top Rank 1 - Grade 8	8	Raghav Prinja	Certificate of Reading Brilliance	Top Rank Trophy, Gold Medal, Cash Prize

Community Engagement Program AIKYAM

Aikyam is a student-led initiative of St Kabir Public School. While the entire nation was struggling with the anomalies of the pandemic and the lockdown, students of Grade XI turned towards building a better community.

It started as a small research project to understand the state of feminine hygiene which enthused the students to plan awareness and donation drives. In the year 2021, two such initiatives were organized for SKPS's helping staff in collaboration with Auromir NGO, Manimajra. Donations were mobilized for cloth pads and pee safe cups. These were distributed amongst 100 women. They were educated about the alarming environmental hazards of sanitary napkins and were encouraged to use alternate and more sustainable products such as cloth pads and pee safe cups.



AIKYAM's Pad Police 2021



A thought provoking discussion on the 'why' and 'how' of menstrual hygiene.



Please follow AIKYAM:
It's on Instagram as aikyam.ngo. Install the app to follow my photos and videos.
https://www.instagram.com/invites/contact/?i=f8xr123ys340&utm_content=n5m3010

Interactive session with founder of NGO
Helping hand



VO CAB-O-PEDIA

VO CAB-O-PEDIA is a National Level **Online Interschool Quiz Competition** organised by Jayshree Periwal Global School, Jaipur. Selected students from Grades I to V experienced the fervour of cut throat competition spread across 6 Preliminary Quizzes (one quiz per week) and a Rapid Fire Finale in categories such as **Collective Nouns, Occupational Names, Genders, Idioms and Phrases, Homophones, Similes, Proverbs, One Word Substitution, Oxymorons and Word Weaving.**

The students enthusiastically participated in all the six rounds and with consistent effort, they won many prizes in each of the six preliminary rounds. The results are as follows:

CLASS I

PARTICIPANTS	COLLECTIVE NOUNS	OCCUPATIONAL NAMES	GENDERS	IDIOMS AND PHRASES	HOMOPHONES
AADISH NAGPAL	SECOND	SECOND	SECOND	SECOND	SECOND
ANHADVEER SINGH ARORA	-----	FIRST	FIRST	THIRD	SECOND
SHAYNAH CHAUHAN	CONSOLATION	CONSOLATION	THIRD	SECOND	FIRST
VEDANT SINGLA	-----	THIRD	SECOND	SECOND	SECOND
JANAYA SAHNI	THIRD	THIRD	SECOND	THIRD	SECOND
KAAVISH GUPTA	CONSOLATION	THIRD	SECOND	-----	SECOND

CLASS II

PARTICIPANTS	COLLECTIVE NOUNS	OCCUPATIONAL NAMES	GENDERS	IDIOMS AND PHRASES	HOMOPHONES
VIVAAN ANKUR DEV	THIRD	-----	CONSOLATION	SECOND	-----
AISHA KAUL	SECOND	THIRD	SECOND	CONSOLATION	THIRD
ABHIJAY SINGH MATHARU	THIRD	-----	SECOND	THIRD	THIRD
ABHIRAJ CHUGH	SECOND	-----	SECOND	FIRST	SECOND
VAANYA MAINGI	CONSOLATION	-----	THIRD	THIRD	FIRST
VIBHOR KHANDELWAL	CONSOLATION	-----	THIRD	-----	-----

Cont.

CLASS III

PARTICIPANTS	SIMILES	PROVERBS	ONE WORD	COLLECTIVE NOUNS	OXYMORONS
NAISHA CHAUDHARY	FIRST	THIRD	SECOND	FIRST	FIRST
AARUSH JAIN	FIRST	FIRST	FIRST	FIRST	FIRST
AYANSH BANSAL	SECOND	FIRST	FIRST	FIRST	SECOND
PARIDHI CHOPRA	-----	-----	-----	-----	FIRST
GAURVI BANSAL	FIRST	FIRST	SECOND	SECOND	FIRST
AADYA KANSAL	CONSOLATION	CONSOLATION	FIRST	FIRST	FIRST

CLASS IV

PARTICIPANTS	SIMILES	PROVERBS	ONE WORD	COLLECTIVE NOUNS	OXYMORONS
KANWAR GARG	SECOND	CONSOLATION	THIRD	-----	CONSOLATION
NITISH GOEL	-----	-----	THIRD	CONSOLATION	-----
RONIN SHARMA	CONSOLATION	-----	FIRST	THIRD	THIRD
AKSHANSH SHARMA	FIRST	SECOND	FIRST	FIRST	FIRST
KIAAN	-----	CONSOLATION	SECOND	THIRD	CONSOLATION
ASHWIKA SHARMA	THIRD	SECOND	FIRST	THIRD	FIRST

CLASS V

PARTICIPANTS	SIMILES	PROVERBS	ONE WORD	COLLECTIVE NOUNS	OXYMORONS
RANVEER TALWAR	FIRST	THIRD	SECOND	FIRST	SECOND
AARVI GARG	SECOND	-----	FIRST	-----	SECOND
ARJUN AHUJA	CONSOLATION	-----	-----	-----	CONSOLATION
ISHAAN GUPTA	FIRST	FIRST	SECOND	-----	THIRD
MADHAV SANGAR	FIRST	CONSOLATION	THIRD	SECOND	THIRD
AMAY GROVER	CONSOLATION	-----	CONSOLATION	THIRD	THIRD

FOOD AND HEALTH

*"Good food is
the foundation
of genuine
happiness."*

Auguste Escoffier

Life is full of new challenges and hurdles. Apprehension has become a part of the day, and stress is a part of one's lifestyle. It becomes very important for us to relax and unwind. Since relaxing might not be a piece of cake for everyone, what is the easiest way to get our minds off things? For some, it might be reading, drawing, or even jogging, but for me, it is a habit that not only keeps me alive but also draws a connection between my soul, mind and body.

What is my way of relaxing? Without a doubt, it is the subtle art of cooking! Mixing different flavours, making new dishes, and taking the taste buds on a gastronomic adventure, are just some of the objectives of cooking.

The best part about cooking is, that while preparing a dish, we concentrate on the recipe, and our mind functions smoothly. As the recipe starts coming together, we get a sense of accomplishment and our mind is relieved. While cooking, a connection between the soul and body is established because we genuinely feel happy and contented. Also, when the food is our own creation, it tastes even better. For me, cooking and baking are equally rewarding because in both cases, the mind is relaxed and the spirit is lifted. Some of my best recipes include Sautéed Vegetables served with an Omelette, Spaghetti, Spanish Omelette, Baked Vegetables and Bread Lasagna. On the sweeter side, I like to bake cakes, brownies, and pancakes along with custard. Even if someone is not good at cooking, making a simple cup of tea is a good exercise that helps ease the mind. Thus, it can be seen that cooking and baking help in relaxing the mind and are probably the easiest and best ways to unwind.

-Panav Bali, X-A



Picture Credit:
-Akshita Jamwal,
XI-D

Every Batch From Scratch

While I have been baking since I was 11 years old, food styling and photography are two hobbies I found myself interested in during the past two years. I would look at Instagram food bloggers' feeds and think to myself that if they can do it, I certainly can !

-Gursehaj Singh, X-A

[Instagram: @spruceupwithsehaj]



I started my journey of baking in 4th grade when I was trying to explore a new me. Since then it has been my most favourite hobby and a stress buster too! It gives me immense happiness when the little hard work and an outpouring of love turns into something delectable and I can see the joyful faces of my family and friends relishing it.

-Sanya Syal, X-A



Mita's Curry



Once Mita said to her
mom

What should I eat to stay
healthy and calm ?

Mita, don't worry,
I'll make a delectable
curry.

Mom, I also want to learn
to make a scrumptious
curry.

Dear, mix all the spices
with pumpkin in a pan,
Add onion, garlic, green
chillies, curry leaves,
ramps, and salt to serve
to the clan.

Cover and cook the pumpkin
until lightly tender.

Then add the ground
coconut paste into the
pumpkin and mix well.

Let it cook for a few minutes
till the ingredients are well
blended.

Now add the thick coconut
milk and let it simmer on a
low flame until cooked.

Finally, our mouth-watering
curry is ready!

Ambrosial, delicious,
yummy, flavourful and
delectable!

And that's how mom's curry
tasted!

-Karmanpreet Kaur, X-B

FOODIES' CORNER

Spinach Smoothie

Ingredients:

Peanut butter-1 Tablespoon

Chia seeds -1 Tablespoon

Oats -1 Tablespoon

Dates -2 Pieces

Frozen Banana -1 (medium)

Spinach-1 cup (Small, tender leaves)

Cinnamon Powder-a pinch

Water-1 glass (full)

Preparation Time: 10 minutes

Preparation:

Put all the ingredients in a high speed blender jar and blend until it becomes smooth.

-Krishiv Vasista, V-A



My Salty Treat

My stomach is growling,
for something to eat.

I look in the kitchen,
for a treat.

I want some salsa,
soup, salad or pasta.

With a tangy, spicy sauce
for my hunger cause.

I sprinkle some salt,
and a salami on top.

It looks very delicious and yummy.

It will go inside my tummy.

This treat is not funny,
says my health-conscious mummy!

-Aayan Goel, VI-C

NATIONAL SERVICE SCHEME

'Not Me, But You'



Teachers Speak

Our country lost its golden voice on 6th of Feb, 2022. Since Independence, Lata Mangeshkar has been inseparable from the soundtrack of our everyday lives. At roundabouts, in colonies, fairs, markets, at paan shops, in middle class drawing rooms...her democratising voice was ever-present like the air we breathe. In antaksharis, college fests, home celebrations-on rakhi, kirtan, ladies sangeet- there was a song by her for every occasion, season and reason; and in almost every Indian language. She transcended generations. Her voice encapsulated sweetness, purity and simplicity-traits matching the mood and predilections of the times in which she rose to prominence. In an ever-changing country, Lata Mangeshkar seamlessly knitted our past with our present. Here's our heartfelt tribute to this legend-

*'The Voice of India -
Lata Mangeshkar'.*



Lata Mangeshkar ji had this unmatched hold over her craft. Anybody who has been born and brought up in India cannot disassociate him/herself from her. There is a song for every occasion, associated with her voice. Her songs have been such an important part of my upbringing. I can't pick one, but Luka Chuppi from Rang De Basanti remains one of my favourite songs of all time. I get teary-eyed every time I listen to it.

-Ms Anita Mahla

'Maye ni Maye' is one of my favourite Lata Mangeshkar song. The song was played in my wedding ceremony. Every time I hear it, it reminds me of my entire wedding ceremony and gives me immense joy! It reminds me of all my family members, relatives and friends who had come to greet me on the occasion, the lovely time we spent with each other, the auspicious ceremony and the vibrant atmosphere! Her mesmerising voice echoes in my ears and gives me joy even now!

- Ms Shradha Saini

I grew up in a household whose walls resonated with the soulful voices of great singers like Mohammed Rafi, Lata Mangeshkar, Hemant Kumar, to name a few. Every morning, my parents would play the wonderful melodies crooned by these singers on a tape recorder and I would casually sing along. Without knowing their names initially, their songs somehow became a constant in my life. Lata Mangeshkar songs like 'Tere Bina Jiya Jaye Na' and 'Aaj Kal Paon Zameen Pe' made me feel less alone and also lifted me up. More so, her songs were a constant companion during my school days. It might sound silly now, but her romantic songs made me dream a little and believe in love. As a full-grown adult, every time I feel low, I find myself searching for her songs in my YouTube playlist, because it reminds me of my carefree childhood days which were so intricately dotted with her voice.

-Ms Shelley Khanna

लता जी के गायन में निर्मलता, कोमलता व मुग्धता निहित है। इनकी गायकी में वो जादू है जो सभी को मंत्रमुग्ध कर देता है। लता जी की आवाज़ अविस्मरणीय है; जिनके अनगिनत गीत मेरे दिल के करीब हैं, परन्तु 'ऐ मेरे वतन के लोगों' गीत मुझे बेहद पसंद है जिसे सुनकर मैं भावुक हुए बगैर नहीं रह पाती। 'ऐ मेरे वतन के लोगों' एक ऐसा प्रेरक गीत है जिसने हमें अपने देश के वीर जवानों से प्रेम करना सिखाया। उनकी कुर्बानी को याद करना सिखाया। ऐसे अमर गीत के रचयिता पं प्रदीप को प्रणाम। यह गाना करोड़ों दिलों के करीब है, करुण रस जो लता की आवाज़ में गूँज रहा है वह किसी भी गायिका में नहीं है। गीत के अंत में आता है -'जय हिंद, जय हिंद की सेना' ऐसा सम्मान हमें कभी नहीं मिला। यह हिंद की सेना के लिए गौरव की बात है। यह गीत सुनकर लोग यादों में डूबते उतरते दिखाई देते हैं, कई जगह सिसकियों की आवाज़ साफ़-साफ़ सुनाई पड़ती हैं।

- Ms Manjeet Kaur Bagga



How difficult it is to think and mention just one song of Lataji's which I cherish. Lata Mangeshkar's melancholic lilt to "Ajeeb Daastaan Hai Ye" to the song of freedom and aspiration of "Aaj Phir Jeene Ki Tamanna Hai" always lift up my mood. Her songs of love and pain in "Veer Zara" and "Dil to Pagal hai" are my all-time favourites. Her voice always resonates in my ears during celebrations, birthdays, festivals or in pain. "Meri Awaaz Hi Pehchaan Hai", "Gar Yaad Rahe....how can one forget such a voice!

-Ms Jyoti Sethi

I remember my childhood full of Lata ji's songs, playing continuously in my house and I think that's where the music in me grew! What a splendid voice with "murkiyan" and expressions, truly unbeatable! My days of music learning started with her songs.. I remember taking "saanware" sung by Lata ji and I used to think how can someone sing so melodiously and in one take, no auto tune! I finally learnt the song..and I think I never stopped learning from her after that one song! She has always been my guru, and she will always remain Alive, in me, in my Music. Lataji

1920- Forever
-Ms Ruchi Sharma

My husband was posted at Kargil during the 'Op Vijay.' On the Republic Day celebrations in my then school, I sang 'Ei Mere Vatan Ke Logon.' Whether it was the love for soldiers fighting for the country or the thoughts of my husband leading them, the song came out so beautifully that by the time it ended, everyone had tears in their eyes. My headmistress held my hands and kissed them. It gave me goosebumps. Till today, when I think of that moment, I shiver. I am just a novice in front of her, but she has left a void that can never be filled. Her melodious voice will keep mesmerizing and inspiring generations to come.

-Capt Divya Dahiya

Our legendary Nightingale Lata Mangeshkar may have left in her physical form but her presence shall always be felt in every heart and home through her evergreen songs. It is very difficult to choose one from her endless list, but my all time favourite is 'Ajeeb Dastan Hai Yeh Kahan Shuru Kahan Khatam.....' I had the opportunity to attend her live concert , sitting amongst the VIPs as she performed for the Indian Cricket team on their victory in 1983. While she was enthralling the audience I was mesmerised by the glory of her presence. Words can never do justice to a larger than life figure. A few lines, of her song, which come to my mind here are.....

'Naam Gum Jayega, Chehra Yeh Badal Jayega
— Meri Aawaz He Pehchan Hai.'

-Ms Rittu Lakhanpal

स्वर साम्राज्ञी लता मंगेशकर जी को हमारी चार पीढ़ियां सुनती आ रही हैं। मेरी नानी 'पंख होते तो उड़ आती रे' गीत पर नृत्य करती थीं। उनसे प्रेरित होकर मेरी माता जी ने, उनकी देखा-देखी, मैं और अब मेरी बेटी इसी गीत पर नृत्य करती है। मुझे इस गीत की स्वर लहरियों में स्वच्छंदता का अनुभव होता है। नृत्य semi classical शैली का है। देखते सुनते बड़े हुए और घर में संगीतमय माहौल होने से Classical dance सीखा, सीख रही हूं और सीखती रहूंगी। आज मैं नृत्य की शिक्षिका हूं। लता मंगेशकर जी को मधुर गीतों के लिए सुहृदं धन्यवाद व श्रद्धांजलि

-Ms Neelam



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